



NUTRITION & FOOD SAFETY



Working Together for Healthy & Happy Learners

EVERY DAY, PLEASE PACK:

- ✓ Healthy Recess Snack
- ✓ Packed Lunch
- ✓ Piece of Fruit
- ✓ Refillable Water Bottle



WATER FIRST



Water is the preferred drink at school.

Students are encouraged to stay hydrated throughout the day.

BIRTHDAY CELEBRATIONS



- ✓ Speak with your child's teacher first
- ✓ Allow time for allergy and dietary planning
- ✓ Help ensure all students can be safely included

NUT AWARE SCHOOL



Please avoid sending foods containing nuts or nut products



Encourage children to wash their hands after eating

ALLERGY UPDATES MATTER



- ✓ Keep allergy information up to date
- ✓ Inform the school of any changes promptly
- ✓ Supports safe planning for classroom activities, celebrations, cooking experiences and incursions

STUDENTS WITH ALLERGIES



- ✓ Provide a small supply of approved "safe treats"
- ✓ Clearly labelled snacks for classroom storage

These can be used during celebrations and special events to ensure your child is included safely.

CANTEEN ORDERS

Order online via



Orders close at 9:15am daily



HEALTHY FOOD



SAFE CHOICES



INCLUSIVE CLASSROOMS



HAPPY LEARNERS



Thank you for partnering with us to create a safe, healthy and inclusive environment for every student. ❤️