

SPRING HEALTH ALERT

RISE IN INFECTIOUS ILLNESSES

As we enjoy the warmer days of spring, it's important to stay vigilant about the health of our children. South Australia is currently experiencing a significant increase in infectious diseases, particularly among school children.

WHAT'S CIRCULATING?

INFLUENZA A & B

- 70% rise in flu cases compared to last year, particularly in influenza B



HAND, FOOT AND MOUTH DISEASE

- Common in young children



WHAT PARENTS CAN DO

- **MONITOR FOR SYMPTOMS**
Watch for fever, cough, sore throat, fatigue rash
- **PRACTICE GOOD HYGIENE**
Encourage regular handwashing with soap and water
- **KEEP SICK CHILDREN HOME**
Refer to SA Health exclusion guidelines
NOTIFY THE SCHOOL if your child is diagnosed with an infectious illness



LET'S WORK TOGETHER

We appreciate your support in keeping our classrooms safe.