



BUILDING HEALTH PROGRAM

PROUDLY SUPPORTED BY BHP



Foodbank South Australia is a non-profit organisation established in South Australia in 2000, with a vision to achieve a South Australia without hunger. Foodbank SA sources food from the food industry and makes it available to welfare agencies and people in need.

Foodbank SA offers a variety of foods, either free of charge or at very low cost, to welfare and community support agencies, including schools. Foodbank SA has warehouses at Edwardstown, Berri, Mount Gambier and Whyalla.

Last financial year alone, Foodbank South Australia provided enough food for more than 5.6 million meals, providing food relief to 126,000+ South Australians every month. More than one-third of these were children. Foodbank SA supplies food to more than 495 welfare agencies and community groups and supports over 500 school programs across Adelaide's metropolitan, regional and remote areas.

BUILDING HEALTH PROGRAM

Foodbank SA received reports from schools participating in the Foodbank SA School Breakfast Program that there are students who have little to no food at home over the weekend. Some schools have requested extra food supplies to distribute to students identified as being most at risk. This program aims to reduce the number of young people who are left hungry over the weekend and improve their overall wellbeing.

The Building Health Program (BHP) proudly supported by BHP, gives South Australian school students whom are food insecure access to FREE nutritious take home food packs. The Program also helps to educate young people about the importance of healthy eating and provides them with nutritious meals to help fill their rumbling tummies. By promoting healthy eating in young people we can improve their' overall growth, development and wellbeing.



THIS AWESOME PROGRAM WILL HELP OUR STUDENTS, WHO OFTEN HAVE THE WEIGHT OF THE WORLD ON THEIR LITTLE SHOULDERS, HAVE ONE LESS THING TO WORRY ABOUT



- School Support Officer,
Christies Beach Primary
School



THE PROGRAMS OBJECTIVES ARE:

- To provide young people at risk of hunger with packs containing nutritious, easy-to-prepare food to be prepared and consumed within their homes over the weekend.
- To distribute nutritious, wholesome food in a caring and discreet manner.

Schools participating in the Building Health Program will be those currently involved in the Foodbank SA School Breakfast Program and can demonstrate they have students in need of assistance. In order to be eligible for the BHP Program, schools also need to complete the program survey.

CONTACT DETAILS

FOR BUILDING HEALTH PROGRAM ENQUIRIES

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