

Saver Plus is a free financial education program assisting people to save for education costs by matching participants' savings dollar for dollar, up to \$500, and building financial skills, financial wellbeing and confidence. Contact Michelle for more information. The following agencies can help with free financial counselling, food, emergency assistance and other support services – current at 15 June 2020, check with services as their capabilities can change at short notice.

Community Resources for Emergency Assistance

Free financial counselling

<https://ndh.org.au/>

Ph: 1800 007 007

Free help to manage your debts, access concessions and get your finances back under control. The website has self-help options and phone lines are open for personalised assistance.

Christians Against Poverty

<https://www.capaust.org/>

Ph: 1300 227 000, select option 1

Free help to get out of debt and negotiate with creditors.

When accessing emergency assistance in person, please note: Do not attend if you are not well and send only one person per family. Follow instructions to maintain physical distancing. Many services are offering telephone appointments to arrange assistance.

Salvation Army

<https://www.salvationarmy.org.au/locations/south-australia/s055a/community-support-services-playford/>

Corner Kinkaid and Aylwin St, Elizabeth East

Ph: 8255 8811

Some free emergency assistance available, try from 9am and keep calling until you get through, to make an appointment and find out how they can help. Available Mon, Tue, Thu, Fri.

Anglicare Elizabeth Mission

www.anglicaresa.com.au/support/emergency-assistance/elizabeth-the-mission/

91-93 Elizabeth Way, Elizabeth

Ph: 1800 061 551

Free emergency assistance. Call at 9am and keep trying until you get through, or you hear the message that all appointments are taken for the day. Available Monday – Friday.

“Customer Pay” vouchers are available for Northern Community Food Hub from several agencies, including Michelle on contact details above. Access to cheap groceries, and free bread, fruit and veg.

Uniting Communities

<https://www.unitingcommunities.org/financial-legal-services/financial-services/>

2B Morialta Dr, Smithfield

Ph: 8202 5818 or text 0482 797 121 for a call back

Phone between 9am – 1pm to schedule a same day appointment. Can provide food, clothing and chemist vouchers, assistance with bills and expenses and connect to other services.

St Vincent de Paul Society

www.vinnies.org.au/findhelp#!sa

Ph: 1300 729 202

Emergency assistance is available by calling between 9am – 1pm, Monday – Friday. Fred’s Van provides free meals Sundays 12 noon, Langford Dr, Elizabeth.

Puddle Jumpers Incorporated

<https://www.facebook.com/PuddlejumpersSA/>

Drive through food at Salisbury East and Brahma Lodge, Wednesday evenings. Check the “Events” tab on their page.

Cos We Care

<http://coswecare.org.au/>

Gate 1 car park, Fremont Park, Yorktown Road,

Elizabeth

Saturdays, 7:30am - 9:00am. Bags of free food and toiletries.

Heart and Soul Group Online Shopping

<https://www.heartandsoulinc.com.au/>

Free hampers of fruit, vegetables & bakery, low cost dry goods. Bakery and dry goods may be past best before date. Deliveries are on Wednesdays to northern suburbs, for \$20. Pick up available for \$12 from Wingfield.

Uniting in Care Salisbury

<http://www.salisburyuc.org.au/uniting-in-care-salisbury/uics-services/>

Corner of Park Terrace and Brown Terrace, Salisbury

Free food Monday – Thursday, 11am – 2pm. No need to call, but supplies are limited. Must have Centrelink card.

NILS (No Interest Loans)

<https://nils.com.au/>

Ph: 13 64 57

Good Money

<https://goodshepherdmicrofinance.org.au/services/good-money/>

Ph: 1300 770 550

56-58 John Street, Salisbury (reopening 16 June)

No and low interest loans, with no fees, for people on lower incomes, for essential goods and services. Anyone adversely impacted by the Coronavirus can apply for a loan of up to \$1500 for household products and bills. Low cost insurance.

www.askizzy.org.au

Ask Izzy can help you to find the services you need, now and nearby. Find housing, meals, healthcare, counselling, legal advice, addiction treatment and more. If you're on the Telstra mobile network, you can access Ask Izzy even if you don't have credit.

www.affordablesa.com.au

Affordable SA is for South Australians struggling with affordability issues. It makes it easy to access information, resources, support, and services to best meet your needs.