

BETHANY ELC NEWSLETTER



1st of April 2026
Term 1, Week 9



Welcome to the final newsletter of Term 1!

As we come to the end of a wonderful term together, I want to extend a heartfelt thank you to each of our families. We deeply appreciate the many ways you partner with us to build strong and positive relationships.

Whether it is through conversations during drop-off and pick-up, reading and responding to Storypark posts and stories, joining us for Come & Plays, supporting your child's learning at home, or even taking the time to read this newsletter. Thank you for walking alongside us as we nurture and guide your children.

School Holidays

If your child is not attending the ELC during the school holidays, we encourage you to spend time exploring the beauty of God's creation together. Whether it's a trip to the park, the beach, or time spent outdoors with family and friends, nature provides endless opportunities for wonder, curiosity, and connection.

Reminders

ELC Parking Spaces

A friendly reminder about using the parking spaces allocated for ELC drop-off and pick-up. These bays are intended for quick and efficient transitions.

If you need to collect older siblings from other areas of the school, please move your car after collecting your ELC child to ensure smooth flow for everyone.

First Aid Policy Update

To support your child's wellbeing, we kindly ask that you:

- Ensure you are **contactable** during the day, either directly or through the emergency contacts listed on Xap.
- **Sign the Incident, Injury, Trauma, and Illness Record** whenever your child receives first aid, acknowledging that you have been informed of the incident and treatment provided.

"The heavens declare the glory of God; the skies proclaim the work of his hands" - Psalm 19:1

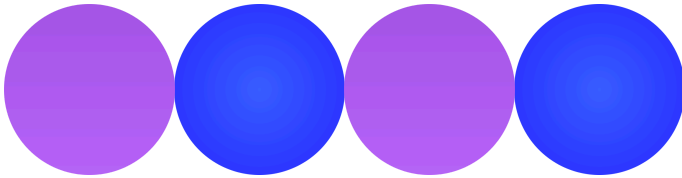
May your children delight in exploring God's creation and discovering the joy and peace found in nature.

We pray for a safe, restful, and joy-filled school holiday for all our ELC families.

Blessings,

Wendy Carlesso – ELC Director

Our Learning



We have started exploring patterns together using colours and beads!

Can you create a pattern with someone using items in your home?

In devotions this week, we learnt the story of Jesus feeding the 5000!
Can you share with someone in your family about what happened in this story?



We are exploring emotions through music and movement!

Can you share with someone in your family what different movements and music can show we are happy?

Family Involvement

Supporting Emotional Regulation

At the ELC, we partner with families to help children understand and manage their emotions. Here are simple ways you can support this at home:

Use the Zones of Regulation

Help your child identify how they're feeling:

			
BLUE ZONE Sad Sick Tired Bored Moving Slowly	GREEN ZONE Happy Calm Feeling Okay Focused Relaxed	YELLOW ZONE Frustrated Worried Silly/Wiggly Excited Loss of Some Control	RED ZONE Mad/Angry Terrified Elated/Ecstatic Devastated Out of Control

Label Emotions (Role Modelling)

Name your own feelings and your child's:

- "I'm feeling frustrated, so I'll take a deep breath."
- "You look sad. I'm here to help."

Practise Co-Regulation

Stay close and help your child calm down:

- Soft voice, slow breathing, gentle reassurance
- "I'm here with you. Let's breathe together."

Other Information

Communication

Please remember to stay regularly updated with us by checking Storypark and your emails for ongoing communication and regular updates of our daily activities.

We understand you may also need to contact the ELC other times throughout the day which you are welcome to via email:
elc@bethany.sa.edu.au or phone: (08) 8283 0000.



- 13. Explore your garden with a magnifying glass
- 14. Float a leaf in a pond or stream
- 15. Listen to a storm and watch for lightning



Important Dates in Term 2:

Pupil Free Day	Week 1 Mon (27/4)
Dental for Schools Clinic	Week 1 Tue-Fri (28/4-1/5)
Mother's Day Stall	Week 2 Thu-Fri (7/5-8/5)
Come & Play	Week 3 Mon & Fri (11/5 & 15/5)
Vision Screening	Week 5 Tue & Thu (26/5 & 27/5)
Baby Shower & Family Picnic	Week 5 Thu (27/5)
Parent Teacher Conversations	Week 6 & 7 (1/6 to 11/6)
Pupil Free Day	Week 6 Fri (5/6)
ELC Closed (Public Holiday)	Week 7 Mon (8/6)