

BETHANY ELC NEWSLETTER

18th of February 2026
Term 1, Week 3



Welcome to our Term 1, Week 3 Newsletter.

What a wonderful start to our year together! Over the past two weeks, our educators have treasured the time spent building relationships and connecting with each child. It has been beautiful to see friendships beginning to blossom across the ELC as children settle into the rhythm of their learning community.

We are also looking forward to our Twilight Picnic, a special opportunity for families to connect and build community.

Our Inquiry Learning: Caring for Each Other and Our World

Here are some questions you can explore with your child to deepen their learning at home:

- How do you work as a team and contribute at home?
- How can our family work together to notice needs and choose caring ways to respond?

Your family reflections help strengthen the home–ELC partnership and deepen your child’s understanding of caring in everyday life.

Supporting Children Through the Restoration Framework

Our ELC team recently completed training on the Restoration Framework: Regulate – Reflect – Restore – Record.

I personally found this framework a valuable reminder of the importance of regulating first, even when it takes time. When children feel calm and safe, they are far more able to reflect on their choices and take action to restore relationships. Please see the Family Involvement Session for more information.

Director Leave Update

I will be on leave during Week 4 and Week 5 this Term

During this time, our ELC teachers will be your main point of contact for any urgent matters.

Bible Verse of the Fortnight: Love

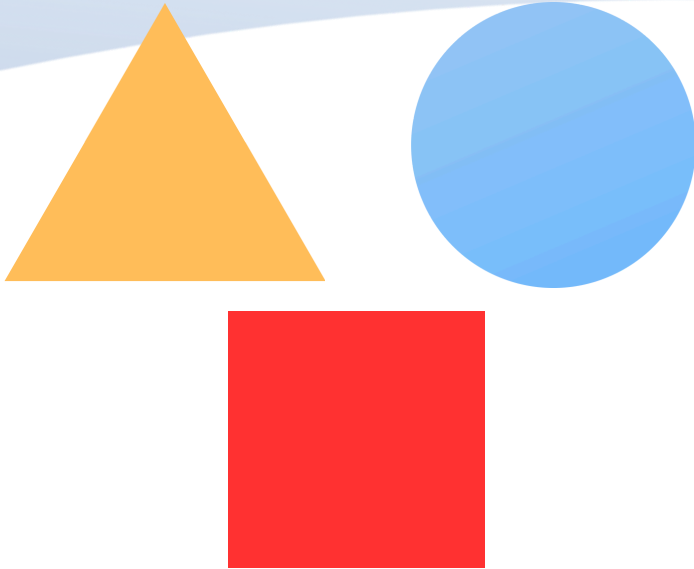
“Let all that you do be done in love.” – 1 Corinthians 16:14

As we learn, play, and grow together this term, may love continue to guide our words, actions, and relationships.

Blessings,

Wendy Carlesso – ELC Director

Our Learning

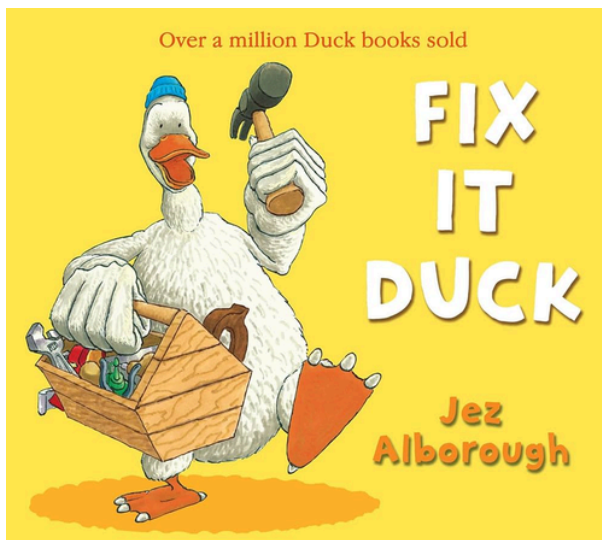


We are learning more about shapes together through sorting and naming!

Can you tell someone in your family the names of the shapes shown here?

We have been learning about sustainability through our ELC garden, where we have been repotting, watering and planting!

What plants have you helped to grow in our garden?



We have been reading the book "Fix-It Duck" which has helped us to learn how to work together and solve problems.

Can you share with someone in your family something you have learnt about working together to care for each other?

Family Involvement

Using the Restoration Cycle at Home

At Bethany, we use the Restoration Cycle to support children in developing emotional regulation, empathy, responsibility, and healthy relationships. This approach helps children understand their actions, repair harm, and move forward with confidence.

This week, we invite you to use this same cycle at home to help build consistency between ELC and family environments.



Regulate	Calm the body, mind, emotions first before addressing issues or problems. This is for children, parent, and teacher. It supports safety. <i>What do I need to regulate?</i>
Reflect	Explore what happened with empathy, openness, without judgement. Consider what they were thinking and feeling. Demonstrating respect through listening . <i>"I can see this is hard for you, tell me more about that..."</i> Consider the impact on yourself, others and the learning. Think about how we could change that. <i>How did what happened affect you? How did it affect others? What did you notice?</i>
Restore	Repair the harm and relationships, apologise and have agreed strategies moving forward. This is about building responsibility and recognising my impact on myself and others. <i>What could we do differently next time? How will you say sorry, and what can we do to stop this happening again?</i>
Record	Parent Notification

Other Information

Communication

Please remember to stay regularly updated with us by checking Storypark and your emails for ongoing communication and regular updates of our daily activities.

We understand you may also need to contact the ELC other times throughout the day which you are welcome to via email: elc@bethany.sa.edu.au or phone: (08) 8283 0000.



- 4. Pick fruit from a tree and eat it
- 5. Go for a hike in the bush or a local reserve
- 6. Jump in a pile of leaves



Important Dates in Term 1:

Twilight Picnic	Week 3 Thu (19/2)
Hearing Screeners	Week 5 Thu (5/3) & Week 6 Tue (10/3)
Come & Play	Week 8 Mon, Thu & Fri (23/3, 26/3-27/3)
Good Friday Public Holiday (ELC Closed)	Week 9 Fri (3/4)
Easter Monday Public Holiday (ELC Closed)	Week 10 Mon (6/4)
Last Day of Term 1	Week 10 Fri (10/4)