

BETHANY CHRISTIAN SCHOOL

ATHLETICS CARNIVAL SENIOR ATHLETICS TIMETABLE

Time Session	10 Year old Boys 2010	10 Year old Girls 2010	11 Year old Boys 2009	11 Year old Girls 2009	12+ Year old Boys 2008 2007	12+ Year old Girls 2008 2007
8:55 9:10	Opening in Prayer & Instructions					
9:10 9:45	600m	600m	100m	100m	Discus A @ DIS1 B @ DIS2	Long Jump A @ LJ1 B @ LJ2
9:45 10:20	Discus A @ DIS1 B @ DIS2	Long Jump A @ LJ1 B @ LJ2	600m	600m	100m	100m
10:20 10:55	100m	100m	Discus A @ DIS1 B @ DIS2	Long Jump A @ LJ1 B @ LJ2	600m	600m
10:55 11:15	Recess Students are to use the oval area away from equipment and the playgrounds on the oval for play time					
11:15 11:50	200m	200m	Shot Put A @ SP1 B @ SP2	Shot Put A @ SP3 B @ SP4	Long Jump A @ LJ1 B @ LJ2	Discus A @ DIS1 B @ DIS2
11:50 12:25	Long Jump A @ LJ1 B @ LJ2	Discus A @ DIS1 B @ DIS2	200m	200m	Shot Put A @ SP1 B @ SP2	Shot Put A @ SP3 B @ SP4
12:25 1:00	Shot Put A @ SP1 B @ SP2	Shot Put A @ SP3 B @ SP4	Long Jump A @ LJ1 B @ LJ2	Discus A @ DIS1 B @ DIS2	200m	200m
1:00 1:40	Lunch Break Students are to use the oval area away from equipment and the playgrounds on the oval for play time					
1:40 2:10	Students return to the oval					
2:10 2:40	Relays 10 Year old Boys & Girls 11 Year old Boys & Girls 12+ Year old Boys & Girls					
2:40 3:00	Presentations @ Relays Presentation of Individual Achievement, Sportmanship and House Awards Students are to be sitting in their House groups ready for presentation					