

BETHANY CHRISTIAN SCHOOL

CANTEEN MENU - TERM 3 2017

SANDWICHES & WRAPS

2 easy steps:

1. Choose your bread

White, wholemeal or gluten free (buttered)	\$1.00
Wrap	\$1.20
Toasted (add extra)	\$0.50

2. Choose your toppings

(all item prices are per item)

Ham	\$1.00
Chicken or tuna	\$2.00
Carrot, cheese, cucumber, gherkin, lettuce or tomato	\$0.60
Strawberry jam or vegemite	\$0.60
Bbq, soy, sweet chili or tomato sauce	\$0.20
Mayonnaise or mustard	\$0.20

SALADS

Fruit Salad	\$4.00
Garden - carrot, cucumber, lettuce & tomato	\$3.50
Add chicken, ham or tuna	\$5.00

SUSHI

Tuna or Californian (2rolls per pack)	\$4.00
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MEAL DEAL #1 = \$6.00

ANY pie, pasty, or pizza (large sausage roll - Temple only)

PLUS 1 any drink (except Temple only milks) PLUS 1 snack (\$0.70) PLUS 1 water or moo milk PLUS 1 snack item (\$0.70)

HOT FOOD

Pies - beef, potato, cruiser beef or beef & cheese	\$3.50
Vegetable Pasties	\$3.50
Vegetable Pie	\$3.50
Gluten Free Pie or Sausage Roll	\$3.50
Large Sausage Roll (TEMPLE ONLY)	\$3.50
Small Sausage Roll (BETHANY ONLY)	\$3.00
Pizza - Hawaiian, margarita, chicken or meatlovers	\$3.50
Fried Rice	\$3.50

DRINKS

Water 600ml	\$2.00
Moo Milk 200ml - chocolate, Strawberry	\$2.00
Glee 250ml - berry, b/crrant, grape or tropical	\$2.50
Juice box 250ml - apple, b/crnt, Orange or tropical	\$2.50
Fruit 20 475ml - pomegranate/bcrnt, dragonfruit, lemon/lime or orange/mango	\$3.50
Iced Tea 250ml - b/crnt, lemon, peach or raspberry	\$2.50
Iced Tea 500 ml - lemon, mango, peach or raspberry	\$4.00

FROZEN FOODS

Ice Cream Slice, Juices - berry, tropical or lemonade	\$1.00
Frosty Fruit , Lemonade Icy Pole or Lifesaver	\$1.50
Frozen Yoghurt - straw, mango/watermelon, choc	\$2.50

MEAL DEAL #2 = \$5.00

ANY small sausage roll (Bethany only)

DAILY SPECIALS

MONDAY

NOODLES	Chicken or beef	\$2.50
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TUESDAY

HOT DOGS	Plain	\$3.00
	Add sauce	\$0.20
	Add cheese	\$0.60

WEDNESDAY

MEATBALL SUB	Meatballs with bolognaise sauce	\$4.50
CHICKEN AIOLI SUB	Crumbed Chicken, lettuce & aioli	\$4.50

THURSDAY

WEDGES	Potato wedges	\$4.00
	Add sweet chili & sour cream	\$4.50

FRIDAY

PASTA	Lasagne, spaghetti bol or mac & cheese	\$4.00
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SNACKS

<i>Pretzels, Popcorn or Jelly (must be ordered)</i>	\$0.50
<i>Mamee Noodles, Tiny Teddies, Shapes or Ovalteenies</i> <i>(more varieties available from canteen)</i>	\$0.70
<i>Red Rock Deli Chips - plain or chicken</i>	\$1.30
<i>Choc Muffin or Banana Bread</i>	\$2.00
<i>Toasted Banana Bread</i>	\$2.50