



## FROM THE PRINCIPAL

Welcome to our final newsletter for Term 3. Our Pupil Free day last Friday gave staff the opportunity to continue our discussions about creativity and how we can celebrate the year though end of year events. With the changes to social gatherings that are still imposed, we want to create opportunities for you to see and enjoy the year. After quite a lot of time and many ideas and discussions we have landed on some ways to celebrate 2020. The two big ideas are that we want to ensure that firstly we provide the opportunity for our parents and the school community to celebrate and secondly we want the students to celebrate their year.

To ensure that families are included and that we follow the social distancing requirements, we are planning on replacing our Exhibition, Junior Primary Concert and ELC Concert with a website called 'Grateful'. This will be presented in a similar way to our Flexible Online Learning platform that was set up in April. It will include a place for each year level from ELC to Year 6 to include videos, photographs, reflections, art work, other images and can be presented with the creativity of teachers and students working together. We have discussed including things like songs, dance, performances, student video reflections, photographs and many other ways of sharing with you the highlights of 2020 with a focus on gratefulness. This website will be available via a login and you and your children will be able to enjoy interacting with the content together. It will have a launch date and will be open for a number of days to allow you to enjoy and celebrate with your family, the year that was. It will also give you the opportunity to look at other year levels and enjoy the work of the whole school.

The other event will be created by students, for students. It will be a celebration experience created by each year level for the rest of the school. These experiences will be held over Week 8 of Term 4 and our classes have begun brainstorming and ideating together to see what they would like to create. Although they are in the planning stages there could be experiences like performances, treasure hunts, art and craft workshops or a carnival style experience. Both of these events will ensure that 2020 is fun and significant and that regardless of any future restrictions, we are able to share this year with you and that your children will also enjoy their celebrations together. This opportunity is another space where students can develop agency as they co-create with their teachers.

The other event that has required a great deal of thought and planning is our Year 6 graduation. There have been a number of iterations of this event and we were thinking that we may need to live stream for parents to be involved, however, with a reasonable degree of confidence, we are now moving forward with a ceremony that will allow for 2 guests to attend for each Year 6 student. There will be a range of strategies that will be put in place to enable us to do this safely and we will give more specific information to our Year 6 families in the coming days regarding this. We are hopeful that this celebration will be able to be held in this way and will give the opportunity for our Year 6 students and families to participate in this important event. This information is in

the beginning stages and we will continue to give you more detail next term.

Our Year 5 students have been running businesses throughout this week and there has been an excited buzz each lunch time. I have really enjoyed speaking with our Year 5 students as they have reflected on how they improve their products each day. It is an excellent opportunity to experience what it means to fail safely and to keep trying and improving. This growth mindset is so important in learning and will be a wonderful tool for their future.

Friday we have our Jump Rope for Heart day and our students have done really well in terms of building their skills as well as raising money for the Heart Foundation. Friday will be a lot of fun and I look forward to seeing the special tricks some students will share with us. A big thank you goes to all of those who have organised this event, especially Mrs Boxall and the team who have worked with her.

Our final day of Term 3 is Friday 25<sup>th</sup> September at 3:10pm. We then have a two week school break. OSHC will be open with Vacation Care during these two weeks if your child requires care in this time. Please follow the link on our website if you would like to book in for any of this time.

I pray that you enjoy a restful weekend.

**Wendy Matear**  
Principal

### **Memory Verse**

Blessed are those who hunger and thirst for righteousness, for they will be filled.

**Matthew 5: 6**

## DEPUTY'S CORNER

It has been an extraordinary year in probably every area of our lives in 2020. It was in Term 2 of 2019 that I wrote about student attendance, imploring families to keep students home if they were unwell due to a declared 'bad flu' season. Here and now in 2020, we have encountered the COVID19 pandemic. As a school, we have noticed the enormous effort to keep children who are unwell home to stem the rate of infection from the common cold and flu. The results have been fantastic, and at school we are just not seeing the level of illness we have in the past.

The flip-side to this is that our students may have a higher rate of absenteeism, both explained and unexplained. As part of our ongoing duty of care, the school needs to keep a record of your child's attendance. We will then flag any areas of concerns in regards to high absenteeism with you, not as a punitive measure but as a means of offering support in order to improve your child's attendance.

Taking into account the COVID19 social distancing measures put into effect and the online learning experience earlier this year, there have been 101 contact learning school days by the completion of Term 3, 2020. We aim for a 95% attendance rate for each child, factoring in a 5% absence for illness. This means, by the end of Term 3, we would anticipate a healthy attendance being at 96 days or more present at school.

If your child has been absent for more than 15 days this year, this is equivalent of an 85% attendance and your child can be at great risk of missing so much school that it would be difficult for them to keep up with their work.

Students who have 80% or less attendance of school will have missed so much time from school it will be almost impossible for them to keep up with their school work or keep in touch with friends. This much missed time from school is equivalent to a child missing a total of 3 years of school from Reception to Year 10. At this point, immediate action by the parent or caregiver is required. To be in this bracket, by the end of this term, they would have missed 20 or more days of school.

Students who are regularly late to school and need to sign in before going to class, or signed out consistently early are also at risk. While it may only seem like a small amount of time late or early departure, it all adds up and can be shocking for parents/caregivers to realise that their time has amounted to a 10% absenteeism rate and now puts their child at risk. Even as little as getting to school by 9am each day is equivalent to 5 days of lost learning each year.

The school will obviously take individual circumstances into account when looking at attendance data. If your family are planning a holiday, or your child requires on-going specialist appointments that can only be attended during school hours, please ensure you fill out the relevant 'Exemption from School' forms which can be accessed at the front desk. If you are concerned about how many days your child has been absent from school, or you are having difficulty in getting your child to school, please speak to your child's classroom teacher or make an appointment to speak to me so that you can access some support.

I do wish you and your family a successful finish to Term 3 and a wonderful school break.

God bless you,

Deb Clifford

# HIGHLIGHTS

## SECOND HAND UNIFORMS

As previously stated we are unable to maintain the second hand uniform sales any more. Fortunately, there are lots of ways to buy and sell second hand uniforms; families hand down clothing to each other, friends swap and sell with each other and there are numerous websites that can help facilitate second hand uniform trading.

We would encourage families to continue to find ways to help each other out with second hand uniforms. We have reviewed a number of school uniform trading websites and found that the Uniform Exchange was easy to use and doesn't incur any fees to the buyer or seller.

If you would like to buy or sell second hand uniforms using the Uniform Exchange, feel free to post or browse the page via this Bethany Christian School link: [The Uniform Exchange](#)

(Please be aware that it may take time for items to become available as it only works if people start posting items for sale).

### Things we liked about the Uniform Exchange:

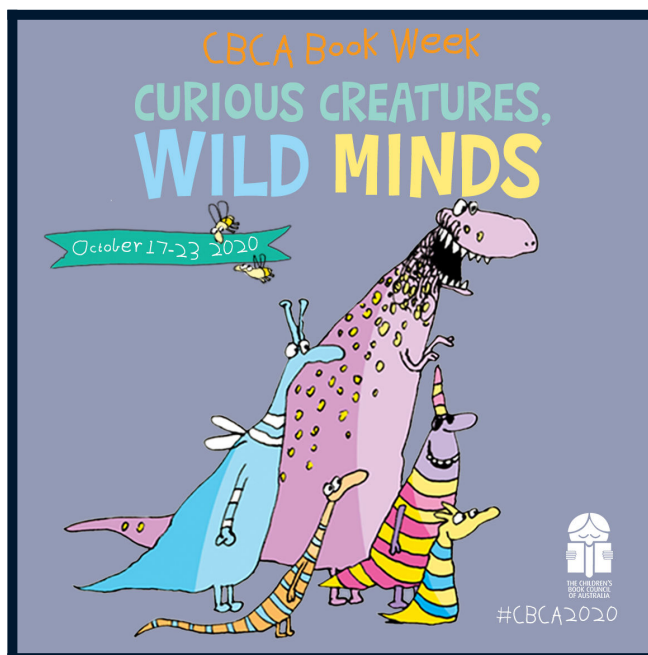
- All posts are free and there are no costs associated with the Uniform Exchange second hand online store.
- All transactions are organised between the buyer and seller and money does not go through the website.
- All Items that are put up for sale are approved by a moderator to make sure that the site is used appropriately. (Approval is done on weekdays pending moderator availability)
- It is a safe and creditable site that does not contain offensive content, unhelpful comments and targeted advertising.

Feel free to sign up and start posting items you would like to sell at [The Uniform Exchange](#)

We hope the Uniform Exchange can help you move on your old uniforms to a new home and save families some money and get a good deal.

## BOOK WEEK 2020

Book Week is in week 2 of Term 4. It is a week where we celebrate books! Children can dress up as a book character on **Friday 23<sup>rd</sup> October**. You may already have a costume at home to wear. Please note, hair should be tied up as per uniform policy and appropriate shoes should be worn (no thongs). Bring along the book that you are from. We are looking forward to meeting many book characters!



## WALK A MILE

Thank you to everyone who donated cans of food for the Hutt Street centre.





## YEAR 5 BUSINESSES



## CIRCLE OF SECURITY

# CIRCLE OF SECURITY PARENTING

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- LEARN TO READ YOUR CHILD'S EMOTIONAL NEEDS
- TEACH THEM TO MANAGE THEIR EMOTIONS
- BUILD A MORE SECURE RELATIONSHIP

**FREE 8 WEEK PROGRAM  
TUESDAYS 9-11AM  
BETHANY CHRISTIAN SCHOOL**

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Contact Elise Ottens for further info on  
8283 0000 or [eottens@bethany.sa.edu.au](mailto:eottens@bethany.sa.edu.au)

ENTERTAINMENT BOOKS



Enjoy more of things you love to do with your family and save.

Dear Parent,

**Have you experienced an Entertainment Membership?**

For a limited time, our school community is invited to trial the Entertainment Membership for 6 weeks!

Entertainment Memberships are packed with thousands of incredible savings across local dining, activities, travel and shopping experiences. You can enjoy more of what you love for the best value. Start your trial and start saving today:

- No payment details required
- It's easy to register, simply go to <https://www.entbook.com.au/160e281>
- Download the Entertainment App from the App Store or Google Play and start using
- Activation of trial available on Monday the 24<sup>th</sup> of August 2020
- 6 week trial only available between 24<sup>th</sup> August – 13<sup>th</sup> September 2020

After you have discovered the value of an Entertainment Membership, you can support our school by purchasing a Membership to receive 12 months of incredible savings, visit <https://www.entbook.com.au/160e281> to support us.

**Already love the Entertainment Membership?**

Purchase your Membership today and support us to reach our fundraising goal for 2020. Simply order online through our school's order page <https://www.entbook.com.au/160e281>

If you have any questions, please do not hesitate to contact Bronnie Lyrtzis on 8283 0000.

Thank you for your ongoing support.

Kind regards,

Bethany Christian School

Open 2020 Entertainment Letter - Bethany Christian School.pdf (130.06 KB)

CAMP AUSTRALIA





### Staying home these holidays?

**Holiday Club Online is back with extraordinary digital experiences!**

Camp Australia has partnered with StarTime Studios again to bring you extraordinary experiences from the comfort and safety of your living room.

Holiday Club Online's program is full of variety, with a focus on technology-based experiences and will appeal to children of all ages. Plus, they're only \$10 per child, per session!

Check out some of the great online sessions we're running this Spring:



#### **CarToon-tastic**

Learn the art of digital storytelling as StarTime Live's professional filmmakers walk you through creating your own short cartoon film! Animate your holidays.



#### **DJing and Music Producing**

Let's get on Garageband and learn how to make our own beats! Plus, we'll learn how to mix music, and use sound effects to blend it all in!



#### **Minecraft Building Challenge**

Video games have never been more educational! Let's learn the art of architecture and construction in the Minecraft World.

**It's FREE to Register.** (to use Holiday Club Online, you first need to register).

Register at [pp.campaustalia.com.au/account/login](http://pp.campaustalia.com.au/account/login). Once registered, it's easy to make and manage your bookings online via our Parent Portal.

[www.campaustalia.com.au](http://www.campaustalia.com.au)



Open Newsletter - Holiday Club Online.pdf (448.90 KB)

# Upsize Your child's school holidays with Holiday Club!

Holiday Club is all about children. It's their break time and we're here to provide them with an extraordinary experience. We've got a jam-packed schedule filled with exciting activities that will have them socialising from morning until the evening.

One of our showcase experiences is *The Giant Games Tournament*. Classic favourites, but the MEGA-sized versions! We'll teach your child strategy with chess, topple over laughing with dominoes and immerse ourselves in Snakes and Ladders – don't miss out!

Plus, we've enhanced our hygiene and safety measures, so you can relax knowing your child can get competitive in a safe environment! The health and safety of your child is of utmost importance to us.




Images shown are digital representations only.

**Register for free and Book Now**  
[www.campastralia.com.au](http://www.campastralia.com.au)

<p><b>FREE to Register</b></p> <p>Once registered, you'll be able to easily make and manage your bookings online via our Parent Portal.</p> <p><a href="#">Register now free</a></p>	<p><b>Visit our blog</b></p> <p>New articles are added each week for parents and cover various topics to help families.</p> <p><a href="#">Visit our blog</a></p>	<p><b>Child Care Subsidy</b></p> <p>The Child Care Subsidy (CCS) reduces the fees you pay before you are billed.</p> <p><a href="#">Find out if you're eligible</a></p>
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To find locations near you and to book, visit [www.campastralia.com.au/holidayclubs](http://www.campastralia.com.au/holidayclubs)

**HOLIDAY CLUB**

Open Newsletter - Giant Games.pdf (140.92 KB)

## PREMIER'S READING CHALLENGE

3L	3T	4G	4P
Rasmey M	Haylee L	Micaela G	Chloe P
Koby P	Imigen W		Mackenzie W
	Levi S		
	Tyler M		
	Abimbola A		
	Alejandro D		
	Ashmeen D		
	Diego T		
	Helen O		
	Jake B		
	Jaxon S		
4W	5R	5S	5T
Judah M	Minh N	Aiden S	Caitlyn S
Imogen L	Nicholas A		Harry H
Annalise N	Peta S		Tavish P
Magot M	Samarth R		Danae M
Alessia R	Rick L		Lily G
	Marcus A		Aria-Elena M
			Teliah K
			Charli W
			Thaw K
			Levi B
			Simon K
			Dut A
6S	6T	6W	
Kolika K	Jensen P	Ethan P	
Julia C	Annabel P	Mackenzie C	
Rodante P	Liverdy S	Jadon W	
	Ethan G	Chelsea P	
	Liam C	Bailee B	

	Alana T	Nayla S	
		Malinda L	
		Tyson T	
		Cameron L	
		Hayley G	
		Austyn M	
		William M	
		Chadson C	

# COMMUNITY NEWS

## BASE CHURCH



**BASE  
CARE**

**If you or someone you know have been impacted through job loss, financial difficulty or health complications we'd love to help by delivering a food box to your door.**

**Simply TEXT us your name on  
0492 808 634  
or message us through our BASE Church  
Facebook Page and we will contact you  
to arrange delivery.**

 **BASE CHURCH**

 @BaseChurchAdl

 [www.base.church/](http://www.base.church/)

 @basechurch\_adl

## WHO'S IN CHARGE?

# WHO'S <sup>in</sup> CHARGE?



*Does your child hurt or intimidate you?*

*Do you feel you are losing control?*

*Do you want to handle conflict better?*



*Reclaim respect and calm in your family*

The *Who's in Charge?* group is an 8 week program for parents or carers of young people (8-18) who are beyond control, violent or defiant.

**This is a FREE program.**

The group aims to:

- Provide a supportive environment to share experiences and ideas
- Reduce the guilt and shame that parents feel
- Offer ideas to help you develop individual strategies for managing your child's behaviour
- Help in understanding power in relationships and coping with stress
- Explore ways of increasing safety and well-being

**Next group: Thursdays starting 22 October 2020 for 8 weeks, 6:30 pm to 9:00 pm**

**At: Community Room 2, The Parks Library, 46-48 Trafford St, Angle Park**

An initiative of Reconnect, City of Port Adelaide Enfield and Centacare Catholic Family Services

Enquiries and Referrals: Trevor: **8405 6862** Centacare: **8215 6700**



Open Who's In Charge Flyer T4 2020.pdf (675.40 KB)

## JUNIOR TOUCH FOOTBALL COMPETITION





## DTFA Term 4 Junior Competition



A central graphic showing a variety of colorful team jerseys (red, black, blue, yellow, purple, and green) arranged around a central white starburst containing the price "\$85". Below the jerseys is a dark blue rectangular box with the "DEMONS" logo, which includes a red trident symbol and the text "Touch Football Assoc. Est. 1995". The entire graphic is set against a green background with a white arc at the top.

**GET INVOLVED &  
BE PART OF THE FUN!!!**

## OCTOBER 2020

**DATE: COMMENCES WEDNESDAY 7TH OCTOBER**

Ages 7yr—13yr (Boys & Girls)

Venue: Campbelltown Memorial Oval

Time: 5.15pm

Price: \$85 per individual (Inc. GST) including Team Top to keep

Family discounts available for multiple siblings

Sports Vouchers can be used

For more information please contact

Bill Sheeky—[dtfachairperson@gmail.com](mailto:dtfachairperson@gmail.com)

**BASEBALL PLAYERS WANTED**



## BASEBALL PLAYERS WANTED

THE GOLDEN GROVE DODGERS  
BASEBALL CLUB IS RECRUITING  
ADDITIONAL BASEBALL  
PLAYERS FOR THE SUMMER  
SEASON

FIELDING FOR  
U17, U15, U13 AND U11 TEAMS

Please Contact Bob Neiswander  
GGDC Junior Coordinator  
on 0402 068 738  
ozwander42@gmail.com



[Open GGCD BASEBALL PLAYERS WANTED.pdf \(238.86 KB\)](#)

**T-BALL**



## T-Ball 2020-21

Offering U/8 & U/10 Teams

We play 12 games starting 30 October 2020 & finish 26 February 2021  
Fridays 6pm to 7pm  
at the

GOLDEN GROVE CENTRAL DISTRICTS  
'DODGERS' BASEBALL CLUB  
Illyarrie Reserve, Illyarrie Avenue, Surrey Downs

### Registration Costs

\$150 which includes a team photo, a \$20 refundable uniform top deposit and insurance



### PRE-SEASON COME n TRY SESSIONS

Monday, 19 October & Friday, 23 October from 6pm  
TEAM ALLOCATIONS are Monday, 26 October at 6pm.

For more information, contact **Bob Neiswander** – T-Ball Coordinator at:  
[ozwander42@gmail.com](mailto:ozwander42@gmail.com) or 0402 068 738



Open Play Dodgers T-Ball flyer info 2020.pdf (103.14 KB)

LITTLE ATHLETICS






# LITTLE ATHLETICS

**Join us for an (obligation free) introduction to  
Little Athletics for new families**

**Friday 11th September 2020 at 5.30pm  
at Rundle Reserve, Salisbury South**

**Summer season commences Friday 18 Sept 2020 at Rundle Reserve,  
with a move to the new Bridgestone Athletics Centre in January 2021!**

JOIN THE SQUADRON

**[jets.org.au/learn-more](https://jets.org.au/learn-more)**

or contact Jenni on 0401 023 399 / [president@jets.org.au](mailto:president@jets.org.au)

Open Come N Try Flyer.pdf (2.88 MB)

**SEMAPHORE SURF LIFESAVING CLUB**



## SEASON STARTS 10TH OCT

REGISTRATIONS FROM 11AM

**JNR TRAINING SATURDAYS 12:45PM - 3PM**

POINT MALCOM RESERVE, MILITARY ROAD, SEMAPHORE PARK, S.A. 5019

**COME AND TRY SESSIONS** available till 19th Dec

\$20.00 for 3 sessions (non consecutive sessions ok)

WHAT TO BRING: Long Sleeve Training Top, Broad Brimmed Hat, Sunscreen, Water Bottle, Bathing Towel and Goggles.

**COME TO THE CLUB FOR OUR PRE-REGISTRATION SESSION  
ON FRIDAY 25TH SEPTEMBER 4PM TO 6PM**



**OR**

**SEE OUR COME AND TRY PAGE ON OUR WEBSITE**

for more information, downloadable  
info sheets, and registration forms

<http://semaphoreslsc.com.au/nippers-come-and-try/>

Alternatively E-mail [registrar@semaphoreslsc.com.au](mailto:registrar@semaphoreslsc.com.au)



# SPORTS NEWS

## WEEKLY SPORTS RESULTS

MATCHES WEEK ENDING: 05/09/2020

Sport	Team	Opposition	Coaches Pick	Score
Basketball	U10 Blazers	SFX Magic	Wayne, Khonreich	31 . 7
	U10 Raptors	Shooting Stars 10	Steven, Jude	16 . 12
	U12 Bucks	AFCBC Warriors	Lucas, Saurabh	19 . 7
	U14 Rockets			
Netball	U 8 Bright Stars	Blaze	Alma, Isabella	Not Scored

MATCHES WEEK ENDING: 29/09/2020

Sport	Team	Opposition	Coaches Pick	Score
Basketball	U10 Blazers	Keithcot Knights	Samuel, Dylan	21 . 8
	U10 Raptors	AFCBC Dynamite	Devon, Jude	17 . 17
	U12 Bucks	AFCBC 76ers	Jacob, Saurabh	27 . 33
	U14 Rockets	Galaxy	Jaiden, Nicolas	26 . 11
Netball	U 8 Bright Stars	Kaleteeya	Annabel, Emily D	Not Scored

## 2020 SACS A AFL FOOTBALL CARNIVAL

On Monday 17<sup>th</sup> August our 5/6 Boys and Girls AFL Football teams headed up to Kings Baptist to compete as one of 13 and 10 teams in their respective draws. Our 3/4 Boys team did the same on Tuesday 18<sup>th</sup> August to compete as one of 7 teams in their draw. All four teams enjoyed their experience and to top it off we are very pleased to announce that our Year 5/6 Boys Gold Team won our division. Well done to all!



### **3/4 Boys - No Ladder Kept**

**Back Row [L to R]:** Tyler M, Colby M, Rossi C, Jacob K, Mitchell M, Levi M

**Front Row [L to R]:** Joshua L, David G, Lucas H, Jude C, Orian P

**Captain:** Rotating Captains

**Coach:** Mr Nathan Grieger

**Manager:** Mrs Cherie Boxall

**Scorer and Goal Umpire:** Nathan Horn

A great first effort by the boys in their first AFL representative sport. They battled hard all day with some great skills and team work on show. Well done.



## Mr Grieger

### 5/6 Girls - 7<sup>th</sup> Place



**Back Row [L to R]:** Ezaawa J, Madeline P, Amelia D, Tir A, Mackenzie C, Bailee B

**Front Row [L to R]:** Nareta S, Holly S, Sarah L, Kaylee W, Aaliya V, Charlotte S

**Captain:** Amelia D

**Coach:** Mr Brett Richardson

**Manager:** Mrs Cherie Boxall

**Goal Umpire:** Sam Penaluna

**Rotating Scorers:** Julie May, Gloria Drokhsan and Kelly Stacey

This team displayed their competitive spirit throughout the carnival. The girls improved with every game and weren't far off challenging for a semi-final berth. The highlight of the day was a six goal win over Torrens Valley.

## Mr Richardson

### 5/6 Boys Gold - Champions

**Back Row [L to R]:** Connor T, Jaiden K, Cohen M, Ethan G, William Mc, Ilyas D

**Front Row [L to R]:** Cody M, Alessio C, Austyn M, Josiah H, Reilly S, Braith H

**Captain:** Austyn M

**Vice-Captains:** Ilyas D & Reilly S

**Coach:** Mr Steve Taylor

**Manager:** Mrs Cherie Boxall

**Goal Umpire:** James Drokhsan

**Rotating Scorers:** Julie May, Gloria Drokhsan and Kelly Stacey



A fantastic effort by the Year 5/6 Boys taking out the championship. Their support, encouragement and team effort was unbelievable. Congrats boys! You deserved it!

## Mr Taylor

### 5/6 Boys Silver - 13<sup>th</sup> Place

**Back Row [L to R]:** Jacob C, Mackenzie C-H, Harry M-B, Cameron H, Nicolas A, Jaxon N

**Front Row [L to R]:** Levi B, Ethan P, Marcus A, Rick L, Aydn M, Cameron N

**Captain:** Ethan P

**Vice-Captain:** Cameron H

**Coach:** Mr Jesse Hughes

**Manager:** Mrs Cherie Boxall

**Goal Umpire:** Mr Nathan Grieger

**Rotating Scorers:** Julie May, Gloria Drokhsan and Kelly Stacey



The boys started the day off with a win. Under tough, wet conditions the boys battled a lot of experienced teams. This experience developed their skills and teamwork every game and I was very impressed with their attitude and character.

**Mr Hughes**

# WEEKLY INFORMATION

## IMPORTANT DATES

Date	Event
Friday 18th September	Jump Rope for Heart
Tuesday 22nd September	Track & Field Metro Districts Championships
Friday 25th September	Last day of Term 3 (normal dismissal time)
Monday 12th October	First day of Term 4
Wednesday 9th December	Last day of school (normal dismissal time)

### 2020 Term Dates

Term 3

Tuesday 21st July to 25th September

Term 4

Monday 12th October to Wednesday 9th December

**BETHANY CHRISTIAN SCHOOL**

**WEEKLY PE LESSONS**

**PO Box 2125  
Salisbury Downs SA 5108  
37 Countess St  
Paralowie, SA, 5108**

**P.** 08 8283 0000  
**F.** 08 8283 0101  
**E.** [office@bethany.sa.edu.au](mailto:office@bethany.sa.edu.au)

Class	Days
ELC	Monday to Friday
RD	Tuesday and Thursday
RH	Monday and Wednesday
RHW	Monday and Thursday
1C	Monday and Wednesday
1D	Monday and Thursday
1P	Monday and Thursday
2HS	Wednesday and Friday
2R	Tuesday and Friday
2Z	Tuesday and Friday
3L	Tuesday and Friday
3K	Wednesday and Friday
3T	Tuesday and Friday
4G	Tuesday and Friday
4P	Monday and Friday
4W	Monday and Wednesday
5R	Tuesday and Friday
5S	Tuesday and Friday
5T	Monday and Wednesday
6S	Wednesday and Friday
6T	Tuesday and Friday
6W	Monday and Wednesday



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