



Some photos from the recent Year 2 Excursion

FROM THE PRINCIPAL

Welcome to our final newsletter for this term. As we head into the Easter long weekend, I am reminded of this central story to our Christian faith. The impact of the life, death and resurrection of Jesus is still celebrated through Easter. We are so very grateful for the way our God has made a way for us to know Him personally and to experience His love, grace and care in our lives. This Easter, I would encourage you to attend an Easter service with your family. Base Church meets in our PAC and have a Good Friday service and an Easter Sunday service at 10am. You are welcome to attend.

School finishes early on **Thursday 6th April at 12:10pm** to allow those who need to travel on our roads time to get away safely. We will see your children back on Tuesday 11th April for our final week of term which finishes on Friday 14th April at our usual time of 3:10pm.

We have enjoyed a number of Easter celebrations this week with our choir singing a song at Monday Morning Praise, which they will share with families in a special concert later in the year. It was a great opportunity to have a practice run and they did a wonderful job. 6T led the Primary Chapel and 2Z led our Junior Primary Chapel on Wednesday. These were very special times of student led performances. We have included the videos of these for you to enjoy happy Easter. We also celebrated with an Easter egg hunt and an Easter Hat parade. All of these celebrations create a sense of celebration and fun as well as reflection and gratefulness and I was inspired as we saw student brilliance shining brightly.

We have now completed our Parent Teacher evenings and it was wonderful to see many of you at these events. Our teachers have enjoyed catching up with you and I am very grateful for the opportunity to meet together this term. If you were unable to attend, I would encourage you to make contact with your child's teacher to make a suitable time to stay informed.

As mentioned in previous Newsletters, we are developing a new feedback platform for ongoing feedback from the school community. It is a way that you can provide feedback regarding issues that fall outside of our usual procedures of speaking with the class teacher or the office. It is also a place for you to provide positive feedback on your experiences. Please refer to the article by Elise Ottens our Social Worker who is working in Community Relations for more information.

We have a pupil free day to start Term 2 and students return after the school holiday on Tuesday 2nd May.

I hope that you enjoy a safe Easter long weekend and then a week later, a restful school holiday break. May God bless you and your family.

God bless,

Wendy Matear
Principal

LINKS TO THIS WEEK'S EASTER CHAPELS

The password for the videos is: BCSeaster2023

[Please click on the link to view the videos](#)

THIS WEEK'S MEMORY VERSE

All your children will have God for their teacher - what a mentor for your children!

Isaiah 54: 13

DEPUTY'S CORNER

Welcome to week 9 of term 1. I am constantly amazed at how quickly time is passing! It is so important that we help our children by keeping a consistent bedtime routine, especially now when our body clocks are still set on pre-daylight saving hours.

Typically, our 3-5 year old children require 10-13 hours of sleep per night, our 5-11 year old children require 9-11 hours of sleep per night and our 12+ year old children require 8-10 hours of sleep per night. We all know what it feels like to function on very little or poor quality sleep. We end up feeling tired and irritable, and we find it tricky to maintain concentration. Our children also suffer when they are tired, and then we expect them to concentrate all day at school!

Establishing a calm, consistent routine before bedtime each night will aid them to get to sleep and remain asleep all night, which will help them get up the next morning ready to face the day enthusiastically. Part of this good bedtime routine is winding down at least an hour before bedtime. Reading quietly, listening to calming music or even listening to an adult read to them before bedtime is really beneficial to children. Very often, children take roughly 20 minutes to fall asleep. If you are finding your child takes longer, this may indicate that they need a longer wind-down before bed.

Using technology and watching a screen will actually affect the quality of sleep, and can even cause a person to take longer to fall asleep. Screen time stimulates the human brain, and the blue light tricks our brains into thinking that it is still daylight and will suppress our melatonin levels, causing issues in falling asleep.

Technology is also the great temptation, and haven't we all been guilty of, 'playing that last game' or 'watching a little more'? Technology is a terrific time thief and is such a temptation to stay up later so that we can connect with friends or to play games. None of this is great for setting healthy bedtime routines. Switch off the technology and screen time at least one hour before bedtime. Removing technology from our children's bedrooms is not a punishment but is just good practice! We don't want notifications and messages to pop up all night and interrupt our children. Let them fully switch off!

Letting our children be physically active after school will also burn off any excess energy our children might have. This will help them also to drop off to sleep quickly and stay asleep. Remember, your GP can support you and your child if you are finding your child is having difficulties in getting to sleep, remaining asleep, or seems very tired during the day. Our Wellbeing Team is also a readily available resource, and if you think you might need some advice with establishing and keeping a great bedtime routine, please feel free to book a time with a member of the Wellbeing Team. You can contact us using the email wellbeing@bethany.sa.edu.au

Car Park Reminders

Just a quick reminder, please refrain from parking in the Early GoodStart Childcare Centre. Their car park is for their clients only, and these are parents of very little children. Let us make their day a bit easier by not taking up their valuable car parking space.

Please also use our car park wisely and kindly. Speak to each other nicely and be courteous to the other road users. Model safety, care and patience when you are driving around the school, as we share the road and car park with a lot of different people within the community, not just people who attend our school.

SAPOL are fast-tracking a campaign to encourage safer driving as our road toll has been quite horrific this year. Let's make every effort to keep our students safe by being safe road users.

I wish you all a safe and wonderful Easter long weekend. I pray that as you travel around, whether you are going away for the long weekend or just visiting friends and family for Easter, that you stay safe on our roads. I hope the time with your family is a truly blessed one.

God bless you all,

Deb Clifford

COMMUNICATIONS

At Bethany Christian School, we welcome ongoing feedback from our school community.

We recently conducted a survey with parents regarding the types and frequency of information they receive from our school.

The results were overwhelmingly positive and can be seen below:

- 95% of respondents strongly agreed or agreed that the Newsletter provided accurate and timely information
- 94% of respondents strongly agreed or agreed that they felt well-informed about school events and activities
- 94% of respondents strongly agreed or agreed that teachers communicated important information regularly
- 92% of respondents strongly agreed or agreed that they were well-informed about their child's learning progress
- 100% of respondents strongly agreed or agreed that it was easy to contact their child's teacher when they needed to
- 92% of respondents strongly agreed or agreed that they felt connected to the school community
- 97% of respondents strongly agreed or agreed that they knew where to go if they had a concern they wanted to discuss
- 100% of respondents strongly agreed or agreed that the 'Meet the Teacher' evening was informative

We thank you for taking the time to share your thoughts with us. We have noted any suggested changes and will discuss potential ways to address these. Moving forward, we have created a new feedback platform for the school community to raise issues that fall outside of our usual procedures of speaking with the class teacher or the office. It is also a place for you to provide positive feedback on your experiences here at Bethany. Please use the following link if you have feedback you would like to give: [Parent Feedback Form](#)

Should you have any further questions about this space, feel free to contact me via email at eottens@bethany.sa.edu.au or phone on 8283 0000.

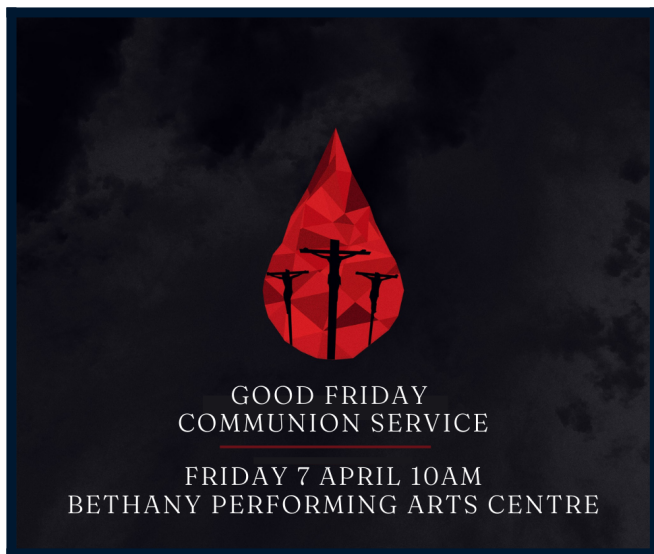
Kind regards,

Elise Ottens

Social Worker and Community Relations

HIGHLIGHTS

BASE CHURCH'S EASTER SERVICES



CAMP AUSTRALIA

Newsletter



Rocketeers – Holiday Club



With only 1 week left until the school holidays start, be sure to book a place in Rocketeers! These holidays we're planning a trip to the SAPOL road safety centre, a mini juggling workshop at the circus, as well as popping on our chef hats for the "Sandwich Masterclass", testing out our basketball skills in "Hoop and Bounce", and dressing up as our favourite characters for "It's fun to dress up". So, get in quick before we're booked out!

To register, visit: www.campastralia.com.au/rocketeers

Pupil Free Day – 1st May 2023 Space Adventures



Join us for a fun filled day as we journey into Outer Space and learn all about the solar system with a variety of fun activities including: creating papier mache planets, galaxy jars, balloon rockets, constellation viewers, planet bingo and more!

To register, visit: www.campastralia.com.au

It's free to register

To attend our program, you must register your child. You can register an account with us at pp.campastralia.com.au or by downloading our Camp Australia smartphone app from the Apple App Store or on Google Play. Once registered, it's easy to make bookings and manage your account.



Recycled materials needed!

We are in need of recycled materials for our upcoming holiday program.

Items we are looking for include cereal boxes, glass jars, yogurt containers, bottle lids, newspaper etc.

If you can help, please speak to our OSHC educators.

Farewell Catherine, OSHC Coordinator

Dear Families

It is with great sadness I announce my departure from Bethany Christian School OSHC, commencing term 2 2023.

I have had the pleasure of being with Camp Australia almost 7 years and during that time I have met many wonderful children and their families.

I wish to thank everyone who has made me feel welcome at Bethany Christian School during my short stay, and wish you, your children and your families all the very best for the future.

Warmest Regards,
Catherine Toach
Coordinator

Visit our blog

New articles are added each week for parents and cover various topics to help families.

[Visit our blog](#)

Open newsletter term 1 week 9 2023.pdf (622.63 KB)

PREMIER'S READING CHALLENGE

Congratulations to the following students who have completed the Premier's Reading Challenge.

RHD	3HR	4GT	5K	5RT
Jameson M	Etta-Hope S	Ariana D	Millie R	Nate N
	Neriah T	Kalea L		Logan L
	Maddison C	Lilly C		
	Nate A	Skye M		
	Guransh D	Kade M		

PREMIER'S BE ACTIVE CHALLENGE

Congratulations to the following students who have completed the Premier's Be Active Challenge.

3MO	6SC
Arjun S-L	Ethan H
Blake B	

AN EASTER POEM

At Bethany Christian School we want to encourage our students to explore their passions. Please read the poem below written by a Year 5 student who wants to become a published author and is currently writing her own book.

The Moment of Truth

*we were so desperate
to be separate
but slowly
we became unholy
we needed to rescue
Jesus thank you
we prayed & prayed
and found an aid
to be healed
we needed to find a shield
so the evil
would not touch us
we must
have a bust
so God can heal and we can feel
remember the loss
at Jesus's cross
he gave us a life
it did not cost a dime
I love Jesus Christ
we were unpriced*

By Aleesha B

UNIFORM SHOP

Here are opening times for the Uniform Shop over the school holidays:

Thursday 27th April 9am to 12pm

Friday 28th April 9am to 12pm

Please remember that students are required to wear the winter uniform from the start of next term.

YEAR 2 EXCURSION

Last week our Year 2 students visited Spicer Church in St Peters and experience their Easter production which included Jesus triumphal entry into Jerusalem through to his resurrection. All the students thoroughly enjoyed the production.

Afterwards, the students went to the South Australian Museum and had fun viewing the exhibitions.

Please enjoy the photos below.



COMMUNITY NEWS

PLAYGROUP

PLAY GROUP

When? 9-10:30 am Fridays!
Where? Base Church!
*Gold coin donation

register here!

BASE CHURCH

FOOTBALL STAR ACADEMY HOLIDAY CLINICS

SCHOOL Holiday Camps
To suit ALL AGES & ABILITIES

JOIN US AT OUR NEXT PROGRAM:
Cockburn Green Reserve
Brahma Lodge, 5109

ASK US ABOUT OUR EARLY BIRD SPECIAL

CREATING A MOVEMENT OF CHANGE FOR TOMORROW'S GRASSROOTS LEADERS

SSAA

SKILLS ACQUISITION FOOTBALL PROGRAMS

LOCATIONS IN YOUR AREA:
Location
Monday 17th and 18th April 2023
0900-1200

BOOK NOW, CALL OR EMAIL:
Name: Jesse 0462450383
sa12.football@sportstaracademy.com

COACHING WITH QUALIFIED STAFF

SSAA MORE THAN SPORT AWARDS

1300 372 300
SPORTSTARACADEMY.COM

[Click here to register](#)

HOCKEY SA SCHOOL HOLIDAY CLINICS



The flyer features a red brushstroke background at the top with a white silhouette of a hockey player. Below this, the text is set against a white background. The middle section has a blue brushstroke background, and the bottom section has a yellow brushstroke background. Each session is accompanied by a QR code and the Hockey SA logo.

APRIL SCHOOL HOLIDAY CLINICS



Keep your kids active while learning new skills and making new friends these school holidays!

Hockey SA Clinic designed for all skill levels, focusing on development and school holiday fun, with sessions for ages 9-12 and 13-15 years. All sessions held at MATE Stadium.



Play mini matches with your friends while staying active and healthy, but most importantly having fun!

On conclusion of the session, all participants will be provided a meal and the opportunity to acquire feedback from the coaches.

9 - 12 YEARS

	FRIDAY 21 APRIL 8:00am - 12:00pm (Morning session) @ MATE Stadium		FRIDAY 21 APRIL 1:00pm - 5:00pm (Afternoon session) @ MATE Stadium
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13 - 15 YEARS

	WEDNESDAY 26 APRIL 8:00am - 12:00pm (Morning session) @ MATE Stadium		WEDNESDAY 26 APRIL 1:00pm - 5:00pm (Afternoon session) @ MATE Stadium
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Open April School Holiday clinics - flyer.pdf (352.81 KB)

[Click here for session one](#)

[Click here for session two](#)

[Click here for session three](#)

[Click here for session four](#)

CENTRAL DISTRICT FOOTBALL CLUB HOLIDAY CLINIC



**BOYS & GIRLS, AGED 5 - 14 YEARS
DEVELOP YOUR FOOTY SKILLS & FITNESS**

WORK WITH CDFC SENIOR PLAYERS
RECEIVE A FREE NEW FOOTBALL, GIVEAWAYS, FRUIT, WATER AND A
SAUSAGE ROLL ON BOTH DAYS
LOTS OF PRIZES TO BE WON!

COST: \$30.00 PER CHILD PER SESSION
FOLLOW THIS LINK TO REGISTER ONLINE

[premier.sportsubs.com.au/sanfl/cdjc/
products/tickets](https://premier.sportsubs.com.au/sanfl/cdjc/products/tickets)

CONTACT

JOSH LADEGOURDIE

JOSHUA.LADEGOURDIE@SANFL.COM.AU
OR THE CLUB ON 8255 2555 IF YOU HAVE ANY QUERIES

COUNTRY CLINIC

27TH APRIL
10AM-12PM
NURIOOTPA ROVER
FOOTBALL CLUB
PLEASE REGISTER BEFORE
APRIL 26TH FOR CATERING
PURPOSES

METRO CLINIC

28TH APRIL
10AM-12PM
CENTRAL DISTRICT
FOOTBALL CLUB
PLEASE REGISTER BEFORE
APRIL 27TH FOR CATERING
PURPOSES

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SPORTS NEWS

REPRESENTATIVE SPORTS

SACSA SOCCER TEAM TRYOUTS

SACSA will soon be holding their annual Soccer Carnival

SACSA Year 3|4 Carnival | Tuesday 30th May |
Week 5, Term 2

SACSA Year 5|6 Carnival | Wednesday 31st May |
Week 5, Term 2

Students who would like to trial, and are eligible
please use the link to nominate



[Nomination Link](#)

Year 3|4 Tryouts | **TCC Oval** | **Separate Boys
and Girls Teams**

Wednesday (3.30 - 4.30pm) | 05|04, 12|04 | Weeks
9,10 - Term 1

Year 5|6 Tryouts | **TCC Oval** | **Separate Boys
and Girls Teams**

Monday (3.30 - 4.30pm) | 27|03, 3|04 | Weeks 8, 9 -
Term 2

*Students enrolled into tryouts may wear their PE
uniform to school.*

WEEKLY SPORTS

WEEKLY BASKETBALL | REC - YR 6

Bethany Christian School offers a Weekly Basketball
program. This is a user pay program staffed by
approved volunteer coaches, with compulsory weekly
after school trainings held at BCS

There are two seasons per year

Winter Season - Terms 2 and 3 | Summer Season -
Terms 4 and then 1



[Nomination Link](#)

Age Groups as follows (must be 5 yrs old)

U08s mixed | U10s mixed | U12 Boys | U12 Girls

Saturday games are generally at the following recreation centers

Golden Grove | Burregah | Turramurra | Ingle Farm | The ARC

WEEKLY NETBALL | REC - YR 6

Bethany Christian School offers a Weekly Netball program. This is a user pay program staffed by approved volunteer coaches, with compulsory weekly after school trainings held at BCS

There are two seasons per year

S1 Season - Terms 1 and Two | S2 Season - Terms 2 and 4

Age Groups as follows (must be 5 yrs old)

U08s mixed | U10s mixed | Under 12s mixed

Saturday games are at the The Gardens Recreation Centre.

WEEKLY AFL FOOTBALL | YR 2 - 6

Bethany Christian School offers a Weekly AFL program. This is a user pay program staffed by approved volunteer coaches, with compulsory weekly after school trainings held at BCS.

It runs during the Winter Season | Term 2 and 3 (approx. 10 rounds)

Age Groups as follows

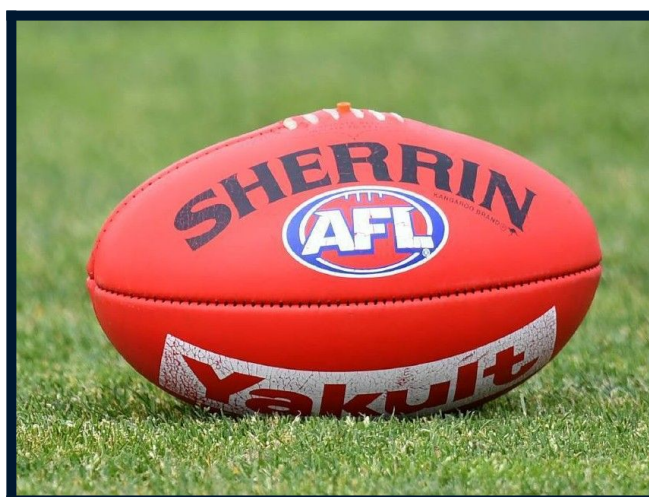
Yr 2 - 9 a side | Yr 3|4 - 9 a side | Year 5|6 - 12 a side (all mixed teams)

Saturday games are to be played at Ridley Reserve.

The OSRV voucher can be used towards the program, should it be unclaimed.



[Nomination Link](#)



[Nomination Link](#)

MATCH RESULTS | WEEKLY SPORTS

SATURDAY 25 | 03

Sport	Team	Opponent	Coach's Pick	Match Result		
Netball	U08 Golden Stars	Mini Angels	Catalia B	Not Scored		
Netball	U10 Wild Stars	Hurricanes	Giuliana G	L	0	2
Netball	U10 Bright Stars	Kaleteeya	Isabella B	L	7	12
Basketball	U10 Bulls	Kings Panthers	Gabriel S	L	6	36
Basketball	U10 Boomers	Brooks Pirates 10	Annabel J	W	22	18
Basketball	U10 Warriors	Modbury Bulls	David O	W	22	5
Basketball	U12 Hornets	Kings Eagles	Levi C	W	20	4

SATURDAY 01 | 04

Sport	Team	Opponent	Coach's Pick	Match Result		
Netball	U08 Golden Stars	Salisbury North Hawks Green	Marina B	Not Scored		
Netball	U10 Wild Stars	Lightning Blitz 2	Elise B	L	0	1
Netball	U10 Bright Stars	Salisbury North Hawks Green		W	11	2
Basketball	U10 Bulls	Puzzles Blue	Jaxon C	L	10	17
Basketball	U10 Boomers	Brooks Bulldogs 10	Lazar T	L	13	35
Basketball	U10 Warriors	Brooks Cajuns 10	David O	L	16	19
Basketball	U12 Hornets	Brooks Cavaliers 12	Jake B	W	23	21

WEEKLY INFORMATION

IMPORTANT DATES

Date	Event
Tuesday 4th April	Parent Teacher Interviews
Tuesday 4th to Thursday 6th April	School Dental Visits
Thursday 6th April	Early dismissal for Easter - 12.10pm
Friday 7th April	Good Friday
Monday 10th April	Easter Monday
Friday 14th April	SACSA Athletics
Friday 14th April	Last day of Term 1 (normal dismissal - 3.10pm)
Monday 1st May	Pupil Free Day
Tuesday 2nd May	First Day of School
Thursday 4th May	Mother's Day Stall
Thursday 4th May	ELC Hearing Screening
Friday 5th May	Mother's Day Stall
Friday 5th May	SACSA Cross Country

UNIFORM SHOP OPENING TIMES

Wednesday	8.15 to 10.30 am
Friday	8.15 to 10.30 am

PE TIMETABLE

ELC	Monday to Friday
RHD	Wednesday and Thursday
RH	Tuesday and Thursday
RM	Tuesday and Thursday
1D	Tuesday and Wednesday
1P	Wednesday and Thursday
1TC	Wednesday and Thursday
2R	Tuesday and Thursday
2WC	Tuesday and Wednesday
2Z	Tuesday and Wednesday
3HR	Monday and Thursday
3ME	Tuesday and Wednesday
3MO	Tuesday and Friday
4GT	Monday and Friday
4NL	Tuesday and Friday
4W	Monday and Friday
5K	Monday and Friday
5RT	Tuesday and Wednesday
5T	Tuesday and Thursday
6SC	Tuesday and Wednesday
6T	Tuesday and Friday
6W	Monday and Thursday

SCHOOL TERMS 2023

Term 1	Monday 6th February to Friday 14th April
Term 2	Tuesday 2nd May to Friday 7th July
Term 3	Tuesday 25th July to Friday 29th September
Term 4	Monday 16th October to Wednesday 13th December

BETHANY CHRISTIAN SCHOOL

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