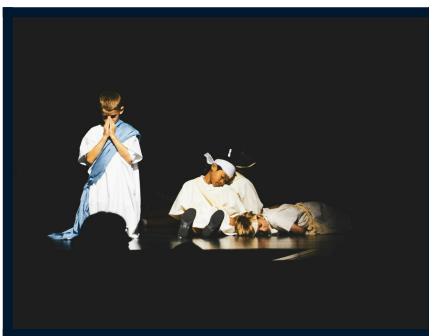




Easter Chapel

FROM THE PRINCIPAL

Welcome back to Term 2!

We hope you all enjoyed a relaxing break and had the opportunity to spend some quality time with family and friends. It has been wonderful to welcome our students back and see their smiling faces as they return, ready for another exciting term of learning and growth. We are looking forward to all that Term 2 has to offer and the many opportunities ahead for our students to thrive.

This term promises to be busy and memorable, with a range of exciting events planned. Our Year 6 students are eagerly counting down to their camp at **Mylor Adventure Park**, which will provide plenty of adventure, personal challenge and team-building experiences. We also look forward to **School Photo Day on Thursday, 14th May**, a special opportunity to capture lasting memories from the year. In addition, we have a number of **SACSA and SAPSASA events** this term, where groups of students will proudly represent our school—we wish them every success.

To celebrate and acknowledge our wonderful mothers and carers, we will be holding our **Mother's Day Stall on Thursday 7th May and Friday 8th May**. Our Year 6 students will also have a special opportunity to purchase gifts on **Tuesday 5th May** before heading off to camp. This much-loved event gives students the chance to choose a small gift to show their appreciation.

We are also pleased to be hosting "Muffins for Mum", a Mother's Day event for our **Junior Primary mums (Reception to Year 2)**. Mums are invited to join us for a free coffee and muffin before taking part in a special Mother's Day activity in their child's classroom. Please refer to the flyer for further details.

Additional Pupil-Free Day - Tuesday 21 July

We would like to provide advance notice of an additional pupil-free day on **Tuesday 21 July**. This day has been scheduled to allow our teaching staff to undertake further professional learning in Toddle.

We appreciate your understanding and support. Please note that ELC and OSHC will continue to operate and will be available for bookings on this day.

We are excited for the busy and joyful term ahead and ask that you **save the date for our Learning Exhibition**, to be held on **Wednesday 17th June**.

We sincerely thank you for your continued support and partnership in your child's education.

Wishing you and your family a wonderful start to Term 2 and a great week ahead.

God bless you,

Wendy Matear
Principal

Then the LORD told me: " I will give you my message in the form of a vision. Write it clearly enough to be read at a glance".

Habakkuk 2: 2

DEPUTY'S CORNER

Welcome back to all our students and families. We hope everyone enjoyed a restful and refreshing school holiday break and had the opportunity to spend quality time together.

It has been wonderful to see how positively our students have returned to school. There is a terrific buzz around the classrooms and yard, with students settling quickly into routines, reconnecting with friends, and engaging enthusiastically in their learning. We are very proud of the way they have started the term.

A quick reminder that Term 2 is winter uniform. However, if the forecast temperature is above 26°C, students may wear their summer uniform. We kindly ask that uniforms are not mixed — students should wear either full winter uniform or full summer uniform on those warmer days.

Supporting Our Children with Anxiety

Adapted from the work of Mark Le Messurier

As we settle into the new term, it is important to remember that feelings of anxiety are very real for some children, particularly around returning to school and navigating daily routines. Mark Le Messurier reminds us that anxiety is often driven by feelings of uncertainty, lack of control, and perceived risk.

Here are some practical and reassuring strategies for families to support children:

- 1. Acknowledge and talk about feelings** – Encourage open conversations about worries. Simply talking about concerns, without dismissing them, can help children feel understood and supported.
- 2. Identify triggers** – Work together to recognise what might be causing anxiety. Understanding the 'why' is often the first step toward finding solutions.
- 3. Create a consistent goodbye routine** – A simple, predictable routine — such as a hug, special handshake, or positive phrase — helps children feel secure at separation and reassured that they will reconnect later.
- 4. Use transitional objects** – Small, meaningful items (a note, photo, or special object) can provide comfort during the school day and reinforce connection.
- 5. Establish clear routines** – Regular morning routines provide a sense of structure, helping children feel safe and confident about what to expect.
- 6. Keep goodbyes calm and brief** – A short, consistent farewell is often more reassuring than a prolonged or emotional goodbye.
- 7. Be mindful of language** – Use calm, simple, and consistent phrases that reassure without overwhelming. Children are less likely to absorb lengthy explanations when they feel anxious.
- 8. Trust the school's support** – Teachers play an important role in helping children settle. They may offer tasks, provide social connections, teach calming techniques such as deep breathing, and build strong, trusting relationships.
- 9. Show confidence in teachers** – Children notice the trust you place in their teacher. Positive, trusting partnerships between home and school help children feel secure.
- 10. Develop a simple 'anxiety plan'** – Ask your child to rate their anxiety, compare perspectives with a trusted adult, talk through outcomes, discuss coping strategies, and agree on a clear plan for routines such as morning drop-off.
Supporting children through anxiety is an ongoing journey. With patience, consistency, and connection, we can help our children feel safe, capable, and ready to learn.

I wish you all a wonderful week and a very settled start to term 2.

Deb Clifford & Melissa Taylor

Deputy Principals

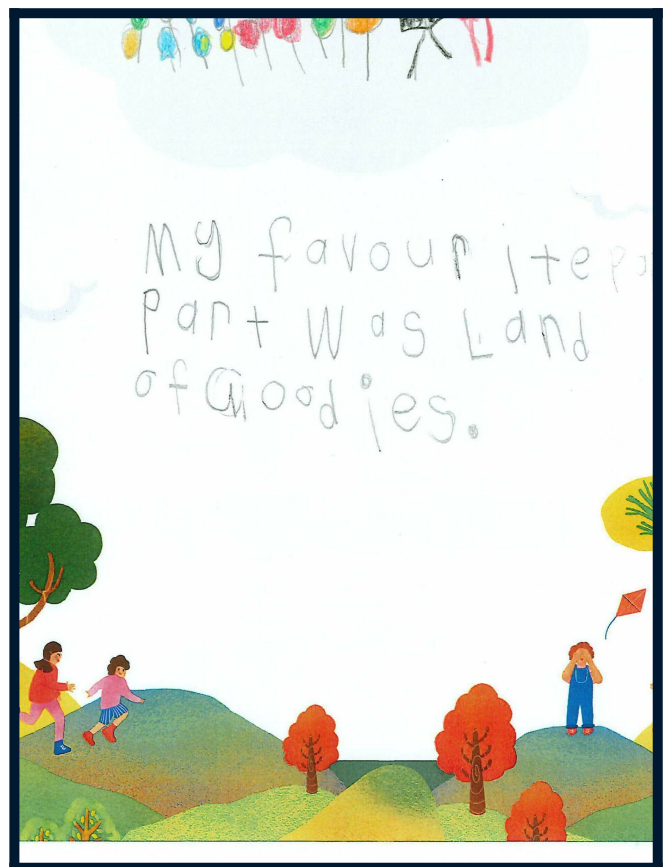
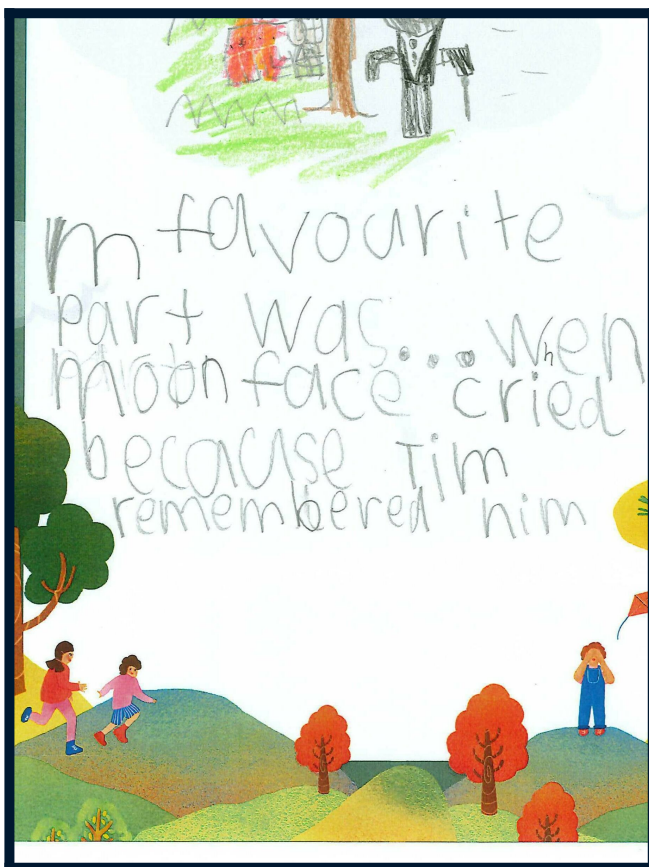
HIGHLIGHTS

YEAR 1 EXCURSION

On Tuesday 7 April, the Year 1 students excitedly hopped onto the buses and headed to the cinema to watch The Magic Faraway Tree. The children were captivated as the characters and events from the book came to life on the big screen.

When we returned to school, the students wrote a recount of their favourite part of the movie and illustrated the characters and scenes they enjoyed most. This experience provided a wonderful opportunity to consolidate the oral language and reading skills we have been developing this term, particularly our focus on identifying the who, where, and when in stories.

The children are now looking forward to exploring more of the magical world of the Faraway Tree as we continue reading the novel together.



MOTHER'S DAY STALL



Open (270.18 KB)

VOLUNTEERS WANTED

If you are a registered volunteer here at Bethany and have some time free next week to help with Mother's Day activities, we would love to hear from you.

Please contact Bronnie on 8283 0000.

MUFFINS FOR MUM



Open (253.93 KB)

SCHOOL PHOTOS



Say Cheese!



**MSP Photography
are on their way!**

**School Photo Day is:
Thursday 14th May**

**Have your child's school memories
captured forever**

Please take time to read these helpful points:

- Jump online to order using the details which will be sent out from the school
- **Online Sibling orders need to be made by 11am the day before photo day**
- If you prefer to pay with cash, please request an envelope from the school front office (Individual and Sibling envelopes are available)
- If paying by cash, please enclose correct money as no change is given. (NB: credit card payments can only be made online)

Photo Enquiries? Email: enquiries.adl@msp.com.au Phone: 8132 1148

Open School Photos.pdf (94.88 KB)

PARK SAFE

[Please use this click](#)



Open PARK-SAFE-AT-SCHOOL-FULL-BROCHURE-2 (2) 2.pdf

PREMIER'S READING CHALLENGE

3M	5M
Jackson L	Jessica T
4K	5RW
Esther D	Adalyn N
Ariyah S-E	Amelia C
	Nau Kim M

COMMUNITY NEWS

PLAYGROUP



[Open Playgroup Flyer.pdf \(654.89 KB\)](#)

SPORT STAR ACADEMY



FOOTBALL STAR ACADEMY

Elevate Your Game with Professional Coaching!
For boys & girls aged 5-12 years
ALL YEAR ROUND - TERM 2 STARTS 27th APRIL



Training Locations & Schedule:

- ☆ Bethany Christian School, Paralowie: Tuesdays 3:20-4:20 PM
- ☆ Pooraka Primary School, Pooraka: Thursdays 3:20-4:20 PM
- ☆ Tyndale Christian School, Salisbury East: Saturdays 9:00-10:00 AM

Why Football Star Academy?

- ✓ Professional Coaching
- ✓ Fun & Engaging Sessions
- ✓ All Skill Levels Welcome



LIMITED SPOTS – REGISTER NOW!

Sign Up Here!



CONTACT:
Jesse Ngatia
sa12.football@sportstaracademy.com
0452 450 383



WE'RE A SPORTS VOUCHERS PLUS PROVIDER!

Children in Reception to Year 9 are eligible to receive 2 x \$100 Sports Vouchers (per calendar year) so you can save on costs and fees.

Talk to us about using your Sports Vouchers or for more info: www.sportsvouchers.sa.gov.au



@SARecandSport



@SARecreationandsport

Open FSA_A5_QR DSP_gov offer Flyer_Term 2 (2).pdf (704.42 KB)

SPORTS NEWS

SACSA SOCCER TRYOUTS | YEAR 3 | 4 AND 5 | 6 TEAMS

SACSA will soon be holding their annual Soccer Carnival

Year 3|4 Carnival | Thursday 4th June | Week 6, Term 2

Year 5|6 Carnival | Tuesday 9th June | Week 7, Term 2

Students who would like to trial, and are eligible please use the link to nominate

Year 3|4 Tryouts | **BCS Oval**

Wednesday (3.15 - 4.00pm) | 29|04, 06|05 | Weeks 1, 2 - Term 2

Year 5|6 Tryouts | **BCS Oval**

Monday (3.15 - 4.00pm) | 04|05, 11|05 | Weeks 2, 3 - Term 2



[Nomination Link](#)

WEEKLY BASKETBALL | REC - YR 6

Bethany Christian School offers a weekly basketball program. This is a user pay program staffed by approved volunteer coaches, with compulsory weekly after school trainings held at BCS

There are two seasons per year

Winter Season - Terms 2 and 3 | Summer Season - Terms 4 and 1

Age Groups as follows (must be 5 yrs old)

U08s mixed | U10s mixed | U12 Boys | U12 Girls

Saturday games are generally at the following recreation centres

Golden Grove | Burragah | Turramurra | Ingle Farm | The ARC



[Nomination Link](#)

WEEKLY NETBALL | REC - YR 6

Bethany Christian School offers a weekly netball program. This is a user pay program staffed by approved volunteer coaches, with compulsory weekly after school trainings held at BCS

There are two seasons per year

S1 Season - Terms 1 and 2 | S2 Season - Terms 2 and 4

Age Groups as follows (must be 5 yrs old)

U08s mixed | U10s mixed | Under 12s mixed



Saturday games are at the Gardens Recreation Centre. [Nomination Link](#)

MATCH RESULTS | WEEKLY SPORTS

SATURDAY 11 | 04

Sport	Team	Opponent	Coach's Pick	Match Result
Basketball	Warriors	GGLPS Shooting Stars	Charlie F	4 - 12
Basketball	Rockets	Wings Bulls	Mark S	24 - 6
Basketball	Thunder	NA	NA	NA
Basketball	Breakers	Brooks Hawks	Jason P	29 - 4
Basketball	Ballers	Punjab Lions	Lachlan M	26 - 22
Basketball	Celtics	NA	NA	16 - 0
Basketball	Lakers	76ers Timberwolves	Daniel D	18 - 36

WEEKLY INFORMATION

IMPORTANT DATES

SACSA Athletics	Friday 1st May
Year 6 Camp	Wednesday 6th May to Friday 8th May
Mother's Day Stall	Thursday 7th to Friday 8th May
Muffins for Mum (R-2 Mums)	Friday 8th May
SAPSASA Cross Country	Friday 8th May
SACSA Cross Country	Wednesday 13th May
School Photo Day	Thursday 14th May

SCHOOL TERMS 2026

Term 1	Monday 2nd February to Friday 10th April
Term 2	Tuesday 28th April to Friday 3rd July
Term 3	Wednesday 22nd July to Friday 25th September
Term 4	Monday 12th October to Wednesday 9th December

PE TIMETABLE

Monday	ELC, RHAY, RT, 1PC, 1WC, 2EM, 3HW, 3NC, 4K, 4W, 5RW
Tuesday	ELC, RHAN, 1K, 2N, 2Z, 3M, 4GT, 5T, 6T, 6W
Wednesday	5M, 5T, 6SC, 6W
Thursday	ELC, RHAN, RHAY, 1WC, 4K, 5M, 5RW, 6T
Friday	ELC, RT, 1K, 1PC, 2EM, 2N, 2Z, 3HW, 3M, 3NC, 4GT, 4W, 6SC

UNIFORM SHOP OPENING TIMES

Monday	8am to 11am
Tuesday	Closed
Wednesday	2pm to 5pm
Thursday	Closed
Friday	8am to 11am

BETHANY CHRISTIAN SCHOOL

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