BETHANY CHRISTIAN SCHOOL

NEWSLETTER

Week 1 Term 2 2022

The new Nature Play area in progress

DEPUTY'S CORNER

Welcome back to school for Term 2! I trust you all had a lovely Easter and ANZAC Day long weekend during the school break. I also hope you all managed to stay well during the time away from school.

Disappointingly, COVID19 did not disappear over the school break. The SA Government, in line with SA Health recommendations, has kept the mask mandate for schools. Students in Years 3-6 are ***strongly recommended*** to wear masks but are not mandated to wear a mask. **Our staff and any visiting adult (including parents) must wear a mask for the next 4 weeks unless an exemption applies.** Thank you for working with the school on this matter, it is greatly appreciated.

We will also continue to notify you if there is a case identified in your child's class. This will be in line with notification of any communicable disease that is found in a class, such as the flu, chickenpox, gastro etc. We are coming into the cooler months now, so please monitor your child's health. Choose to keep your child home if they have cold or flu-like symptoms so that they can rest and recover faster. Keeping your unwell child home also avoids spreading the virus around the classroom too. Remind your children to 'catch' their sneeze in their elbows or a tissue, and to wash their hands thoroughly after using the toilet or before eating.

There are some very exciting events coming up this term. This week the Parents & Friends held a Mother's Day stall, and all of the students enjoyed spending their money to buy their mum or significant family member a gift for Mother's Day.

In week 2, the Year 4s and Year 6s will enjoy a 'modified' camp. Unfortunately, due to the strict COVID19 restrictions, camps were not allowed to go ahead. After much negotiation and flexible planning, the two camps were modified so that the students will experience the same high-quality activities, but will go home to sleep in their warm and comfortable beds. The Year 4s will be visiting the Botanic Gardens for Indigenous themed activities and the Adelaide Aquatics Centre. The Year 6s will be traveling to Mylor for two days to participate on adventure activities at the Mylor Camp site, and the fully accredited adventure camp staff from Mylor will be coming to Bethany to do a range of activities on site. Just like the Year 4s, our Year 6 students will return home for a comfortable, warm sleep in their own beds before embarking on the next day's adventure.

Next week all of the Year 3 and Year 5 students will be participating in NAPLAN and all the Junior Primary students will be involved in the MAI (Mathematics Assessment Interview). With the various challenges COVID19 has thrown our way, the new experiences of going on the modified camp experience, NAPLAN and MAI testing, some students may be feeling a bit nervous. Anything out of our 'normal' routine can create a sense of anxiety.

Talking to our children is one of the best ways to help them to overcome their fears. We all have times when we feel anxious and this can present in all different ways. You may be interested in the information below.

Anxiety in Children

There are times throughout the year that a child might become anxious. Sometimes a child might tend to be naturally a more anxious person. Anxious children or teenagers can present any number of the following symptoms:

- Crying, clinging and/or tantrums when leaving parent or caregiver
- Excessive shyness, tends to avoid social situations
- Worrying constantly
- Avoiding situations or places due to fear
- Complaining about frequent stomach aches or headaches
- Experiencing sudden or frequent panic attacks

Parents can help their children overcome their anxiety by taking the time to listen and talk to their child about what they are feeling. It's important for parents to reassure their child that anxiety is very normal, and in some cases a good thing. Anxiety can help motivate us to work hard to achieve a personal goal, such as studying to pass a test. It can also keep us alert to any dangers we might be facing, such as needing to watch carefully when crossing a busy road.

While sometimes anxiety can feel frightening, anxiety is not dangerous. It can trigger our 'fight-flight-freeze' responses which can be really important for us to have when we might actually be in danger. The adrenaline rush we feel just before a big sporting event actually helps us to perform and that same feeling can propel us to practice harder to prepare for a big game, test or performance.

Anxiety is impossible to eliminate from our lives, but there are skills to help us manage it. A wonderful website for parents of children and teenagers https://raisingchildren.net.au/toddlers/health-daily-care/mental-health/anxiety-in-children. Anxiety only becomes a problem when it becomes excessive and it prevents a young person from joining in on fun activities (such as camps, social functions etc) and they start wanting to avoid things such as school. Very often, the best thing we can do for a child experiencing anxiety is to stay calm ourselves and simply listen to their fears, supporting them in overcoming fear by teaching them about what they are feeling and what they can do to make positive choices. If you feel you need further support, you can speak to your child's teacher or even make an appointment to speak to our School Counsellor by ringing the Front Office.

In week 5, we have our annual School Photo Day (2nd June). Packs for every family will be sent home in the coming weeks.

I wish you all the very best for the start of term 2. I also hope that you all have a lovely weekend as you celebrate the special women in your families on Mother's Day.

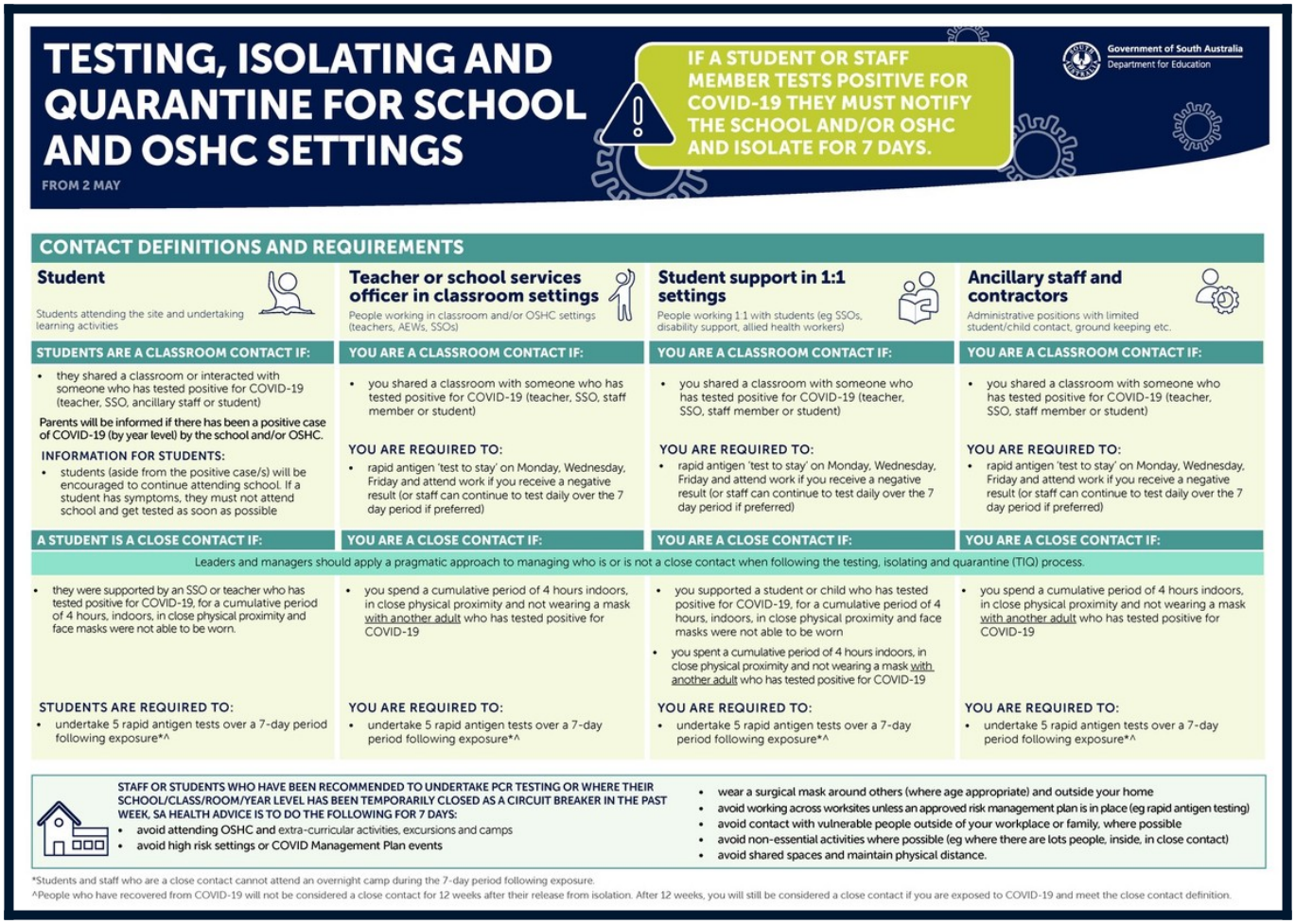
God bless you,

Deb Clifford

Deputy Principal

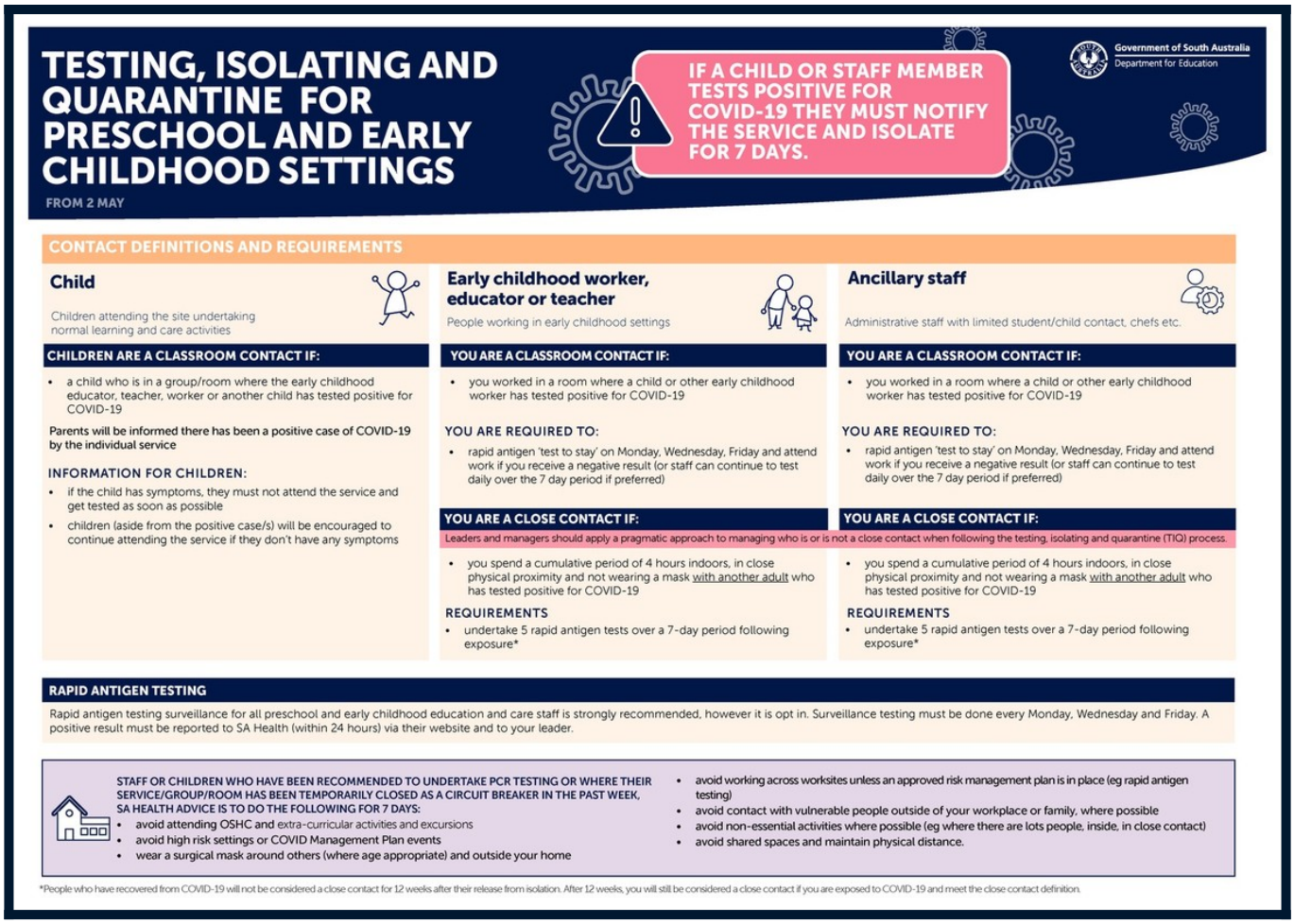
HIGHLIGHTS

UPDATED COVID INFOGRAPHIC - SCHOOL



Open school-settings-testing-isolating-and-quarantining-a3-placemat April 2022.pdf (157.39 KB)

UPDATED COVID INFOGRAPHIC - ELC



Open preschool-early-childhood-settings-testing-isolating-and-quarantining-a3-placemat April 2022.pdf (152.70 KB)

COMMUNITY NEWS

PLAYGROUP

Playgroup has re-commenced. Please see the flyer below for more details.

AUSKICK

Open 2022 NAB AFL Auskick generic.pdf (7.45 MB)

SPORTS NEWS

WEEKLY SPORTS

BASKETBALL

Reception – Year 6

(must already be 5 years old)

Bethany Christian School offers a Weekly Basketball program.

This is a user pay program staffed by approved volunteer coaches

- There are two seasons per year:
- Winter Season | Terms Two and Three
- Summer Season | Terms Four and Term One of the following year
- Age Groups as follows:
    - Under 8s mixed
    - Under 10s mixed
    - U12 Boys | U12 Girls
- Games played across various locations during school terms, generally at:
    - Golden Grove Recreation Centre
    - Burragah Recreation Centre
    - Turramurra Recreation Centre
- Trainings held at BCS after school during the week and are compulsory.

Weekly Basketball Registration

NETBALL

Reception – Year 6

(must already be 5 years old)

Bethany Christian School offers a Weekly Netball program.

This is a user pay program staffed by approved volunteer coaches

- There are two seasons per year:
    - Semester One Season | Terms One and Two
    - Semester Two Season | Terms Three and Four
- Age Groups as follows:
    - Under 8s mixed
    - Under 10s mixed
    - Under 12s mixed

Weekly Netball Registration

- Games played during school terms at:
- The Gardens Recreation Centre
- Games are played on Saturday mornings
- Trainings held at BCS after school during the week and are compulsory

WEEKLY SPORTS RESULTS

SATURDAY 09 | 04

Sport	Grade	Div	Team	Opponent	Coach's Pick	Match Result		
Netball	U08	U08	Wild Stars	No Match				
Netball	U10	U10	Bright Stars	No Match				
Netball	U12	U12	Diamonds	No Match				
Basketball	U08	Blue	Bulls	SFX Boomers	Isaac D	W	12	8
Basketball	U10	Orange	Boomers	Wings Flyers	Jensen B	L	32	10
Basketball	U12	3Blue	Lakers	Walkerville Cats 12b	Zachariah T	W	35	37

WEEKLY INFORMATION

IMPORTANT DATES

Date	Event
Thursday 5th May	Mothers Day Stall open
Monday 9th May	Vision Screening
Tuesday 10th-11th May	Year 3 & 5 NAPLAN
Wednesday 11th to Friday 13th May	Year 6s Camp/Excursion
Thursday 12th May	Year 4 Excursion
Friday 13th May	SAPSASA Para District Cross Country
Monday 30th May	Online School Tour
Thursday 2nd June	School Photos

UNIFORM SHOP OPENING TIMES

Wednesday	8.15 to 10.30 am
Friday	8.15 to 10.30 am

	2022 Term Dates
Term 1	Monday 14th February to Thursday 14th April
Term 2	Tuesday 3rd May to Friday 8th July
Term 3	Tuesday 26th July to Friday 30th September
Term 4	Monday 17th October to Wednesday 14th December

PE TIMETABLE

Class	Days
ELC	Monday to Friday
RHan	Tuesday and Thursday
RHay	Monday and Friday
RK	Tuesday and Thursday
1TC	Thursday and Friday
1D	Thursday and Friday
1P	Thursday and Friday
2WS	Thursday and Friday
2R	Thursday and Friday
2Z	Thursday and Friday
3HR	Monday and Friday
3M	Monday and Thursday
3T	Tuesday and Friday
4G	Tuesday and Thursday
4PS	Monday and Wednesday
4W	Monday and Friday
5R	Wednesday and Friday
5K	Tuesday and Thursday
5T	Wednesday and Friday
6SC	Wednesday and Friday
6T	Wednesday and Friday
6W	Wednesday and Friday

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Association of Independent Schools of South Australia

CHRISTIAN SCHOOLS Australia

TERM 2 TIMETABLE OF EVENTS

Bethany Christian School Timetable of Events - Term 2, 2022

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	2nd May Pupil Free Day	3rd May	4th May	5th May Mother's Day Stall	6th May Mother's Day Stall
Week 2	9th May Vision Screening ELC	10th May NAPLAN	11th May NAPLAN Year 6 Camp Incursion	12th May NAPLAN Vision Screening ELC Year 4 Excursion Year 6 Camp	13th May SAPSASA Para District Cross Country Year 6 Camp
Week 3	16th May	17th May	18th May	19th May Vision Screening Rec	20th May
Week 4	23rd May	24th May	25th May	26th May Vision Screening Rec	27th May
Week 5	30th May Online School Tour 9.30am	31st May SACSA Cross Country	1st June	2nd June School Photos	3rd June Reception Hahndorf Farm Barn Excursion
Week 6	6th June	7th June SACSA Year 3|4 Soccer	8th June SACSA Year 5|6 Soccer	9th June	10th June Pupil Free Day Camp Australia Open ELC OPEN
Week 7	13th June Queen's Birthday Public Holiday	14th June	15th June TBC 4|5 Primary Schools Touch Football	16th June TBC 6|7 Primary Schools Touch Football	17th June
Week 8	20th June	21st June	22nd June	23rd June	24th June
Week 9	27th June	28th June	29th June	30th June	1st July
Week 10	4th July Swimming Lessons Year 3 & 4	5th July Swimming Lessons Year 3 & 4	6th July Swimming Lessons Year 3 & 4	7th July Swimming Lessons Year 3 & 4	8th July Swimming Lessons Year 3 & 4

Open Timetable of Events - Term 2 2022.pdf (122.88 KB)

Newsletter published: not yet