



FROM THE PRINCIPAL

Welcome to our very first newsletter for the 2020 school year. A special welcome to those new students and their families who have joined us this year. We are glad that you have come to Bethany Christian School. We have a lovely community of staff, parents and students and we look forward to getting to know you and your child. Every second year, we hold an Autumn Fair on a Saturday. This year we have Autumn Fair on Saturday 21st March between 10am and 2pm. We provide rides, stalls and also invite our community to participate through volunteering, renting a stall for their business or coming along to enjoy the day. This is our largest fundraiser for the school and we look forward to your support.

Next Wednesday night, February 12 is our annual Meet the Teacher night. This is a time that our teachers share with parents the classroom expectations, management and operations which vary from class to class. It is also a time that you can hear about some of the broader aspects of the school. At 6:00pm the classrooms will be open for a half hour session with your child's class teacher. At 6:45pm all parents meet together in the Performing Arts Centre for school information. At 7.30pm the classrooms will be open again for a half hour session with your child's class teacher for those parents who were not able to attend the 6pm session. Please choose whether you attend the 6:00pm or 7.30pm session. If you have 2 children you will be able to attend both sessions in the different classes. The classroom teacher will run the same session at 6:00pm and 7.30pm. Please only attend one session.

I hope that you have had the opportunity to walk in to the school grounds and see the new building facilities in operation. It has been wonderful to finally see students using these lovely spaces. We are continuing to develop what will become a new play space where our transportable buildings used to be. I am encouraging our teachers and students to participate in the future development of this space. Can we please ask that when you are waiting for your child at the end of the school day, that you wait until 3:10pm until you enter the building or classrooms? The end of day is a busy time and it is helpful for teachers to ensure that all communication occurs without the distractions of parents looking through windows at this time. This also includes siblings from Temple. All Temple students are to wait until 3:10 to move across onto the Bethany property to collect younger siblings. Please remind your older children to stay on the Temple property until 3:10pm.

This term there a number of events and we have included a Term 1 Timetable of Events for you to keep at home. Our Year 6, Reception and Year 1 students have swimming lessons this term. Our Year 2, 3, 4, 5 & 6 Athletics days and Cross Country days, our Year 5 camp as well as other representative sporting events all occur this term. Please refer to the calendar and mark them in your diary.

This term finishes on Thursday 9th April the day before Good Friday. School always finishes at 12:10pm preceding Easter. You may like to take advantage of heading off early for this long weekend. We begin Term 2 with a Pupil Free day on Monday 27th April so school returns on Tuesday 28th April.

I pray that you have a lovely weekend and that this year is full of learning and growth for all of us. I look forward to sharing this with you in 2020.

God bless

Wendy Matear

Memory Verse

Love God and love each other.

And he has given us this command. Anyone who loves God must also love their brother and sister.

1 John 4: 21

We are excited to announce that our new Bethany Christian School Mobile App is live!

Some of the features are:

- School communication and notifications
- Online permission for excursions and sporting events
- Absentees reporting
- School calendar
- Links to the uniform shop/canteen and newsletters

Parents and caregivers have been emailed their setup details for the App, if you have not received the email yet please check your junk mail first and then call the office to make sure they have your latest email details.

We hope you enjoy using the App!

DEPUTY'S CORNER

Welcome back to school for 2020! It was wonderful to see familiar smiling faces and the brand new students starting school this week. It was also so great to see our students coming into school anticipating a great start to the school year, and being able to manage their nerves as they started in a new class with a new teacher.

Over the past few months it has been a challenging time for Australia, our state and for the world. With increasing media coverage of the bushfires and coronavirus, we are bombarded with information about traumatic events. I know that with my own children, I have had to deliberately make time to discuss the events such as the bushfires of Cudlee Creek and Kangaroo Island, and to dispel any misleading information about the coronavirus. Children are great at hearing and absorbing information around them, but often they are not old enough to process this information at the same level an adult will, leading them to become unduly fearful of the world around them.

The article from 'Healthy Families - Beyond Blue' has a terrific article about how you can talk about the 'scary stuff' our children will either see or hear on the news. Please also remember, if your family was affected by a traumatic event over the school break, we have support systems at school to help. Come in and let the office know if you would like to access some support and they will direct you to the correct person.

I do wish you and your family a very safe and successful start to the school year!

God bless you,

Deb Clifford

TALKING ABOUT SCARY STUFF IN THE NEWS

<https://healthyfamilies.beyondblue.org.au/healthy-homes/loss-and-grief/talking-about-traumatic-news-events>

Digital media means we increasingly witness wars, terrorist attacks, accidents and natural disasters as they happen - through our phones, TVs and social media feeds. And while this coverage helps us stay informed about what's going on, it can be distressing - especially for kids.

It's pretty much impossible to shield children completely from upsetting news. And keeping things secret can mean kids get snippets of information, adding to their sense of anxiety.

Your best option is to monitor what kids are seeing and reading, and support them to understand what's happening.

5 tips for parents and guardians

1. Be aware of what kids are watching

- On average, adults in Australia spend nearly 100 hours watching TV or browsing online - and that's not including work-related stuff. Think about how often kids are in the room or watching over your shoulder, and be proactive about switching off when they're around.
- Put some age-appropriate boundaries around how much news kids are seeing. For example, children under the age of six should have very limited or no access to upsetting media. As kids mature, supervise what they're watching and talk through what you're seeing together.

2. Help them understand

- Encourage your child to ask questions about what they're seeing.
- Explain that sometimes scary things happen in the world and it can be hard to understand why - and it's really normal to feel scared and worried.
- Often children aren't able to fully understand what's happening, and this can add to their distress. It can

help to explain things in concrete ways, such as by showing them on a map how far away the event was from your neighbourhood, or explaining that what they're seeing on TV is a replay of something that happened before, not a new incident.

3. Provide plenty of reassurance

- Traumatic events can challenge our belief that the world is a safe place – whether we're five or 50. Reassure your child that you're looking out for them and help them see that these kinds of scary things happen very, very rarely.
- Stick to your regular family routines – these help kids feel secure.

4. Focus on the helpers

- Help your child see the positives – that there are lots of people working to fix the frightening situation and stop it happening again. Point out the helpers – the emergency workers and volunteers – as examples of the goodness in people.
- Find something they can do to make a difference, such as writing a thank you letter to emergency workers or donating pocket money to a charity.

5. Take care of yourself

You don't need to be directly involved in a tragedy to feel its effects. It's important to take care of yourself so you can continue to support your family.

- **Allow yourself to feel.** It's a normal reaction to upsetting news. It shows compassion.
- **Limit how much news you watch** if you're becoming pre-occupied or feeling overwhelmed.
- **Talk to others** about how this event has affected you.
- **Calm yourself.** Go for a walk. Take deep breaths. Do things that relax you.
- **Think helpfully.** Tragic things happen but remember most of the time we're safe and most people are good.
- **Take care of yourself.** Sleep. See friends and family. Do things you enjoy.
- **Re-direct your energy** into things that will make a positive difference. Donate money. Volunteer your time. Raise awareness about the response efforts and available support.
- Don't be afraid to **seek professional support** if you need it.

Children often learn how to feel about something by watching and modelling adults' reactions. Share your feelings, but show that you're managing them. If you're feeling upset or distressed, talk privately with another adult you trust or a health professional.

CHANGES IN BEHAVIOUR - AND WHAT TO LOOK FOR

When children are confronted with something stressful, like news of a traumatic event, they're not always able to express their feelings in the same way adults can. Instead, kids show how they're feeling through their behaviour.

Common reactions include:

- becoming clingier
- having more tantrums or outbursts
- acting younger than their age
- not sleeping as well
- being more irritable
- talking more about death and dying.

If your child is acting differently and you're worried about their reaction to distressing news, seek support from a [health professional](#) or contact the [Beyond](#)

[Blue Support Service.](#)



HIGHLIGHTS

CANTEEN CHANGES

As you would have heard, Bethany Christian School's canteen has set up an online system for lunch orders. Please read the instructions below to set up an account if you would like to take advantage of online ordering.



SAVE TIME with our ONLINE CANTEEN!
Bethany Christian College Canteen
accepts online orders using MunchMonitor



Setting up an online account is easy!

1. Go to www.munchmonitor.com
2. Click **LOGIN**
3. Click **REGISTER**
4. Enter
 - School ID: **bethanyccsa**
 - Password: **munch5108**
5. Click **Submit**
6. Enter your email address
7. Enter the password you want. Make sure you can remember your password
8. Review and tick on the Terms of use
9. Click **Create your Account**
10. Click on the **Activation Link** in the email we sent
11. Follow the steps to **create your Parent Profile**
12. **Add Students** to your account
13. Click on **Account Top-up** to transfer money into your account
14. **You are now ready to order online!**

Quick Information

Using MunchMonitor Online Ordering

- You can place orders online up to 4 weeks in advance
- Top-up your account online using VISA/MasterCard
- List allergies to alert canteen staff
- You can order anytime you want using web browsers such as Chrome or Safari
- You can use desktops, laptops, tablets or smart phone with internet access
- It only cost \$ 3.65 (inc. GST) per school term for a family account
- No sign-up fee
- No transaction fee

Giving Student Snack Money

- In the Student Profile, tick YES in ALLOW SNACK MONEY
- If you selected DAILY ALLOWANCE, enter the daily amount and the days to use
- If you selected WEEKLY ALLOWANCE, enter the weekly amount
- You can set banned food items from the menu
- You can view what they've ordered from the online transaction reports

Call us at 1300 796 190 or email us at help@munchmonitor.com if you require further assistance.

MunchMonitor...making your school day easier

 Like us on Facebook [Facebook.com/MunchMonitor](https://www.facebook.com/MunchMonitor)

Open SAVE TIME with our ONLINE CANTEEN - Bethany Christian College SA.pdf (142.82 KB)

UNIFORM SHOP CHANGES

This year there have been many changes in the Uniform Shop. The Uniform Shop is now located next to the Indonesian classroom and will have new opening times. From Monday the opening times will be:



Monday	8.00 to 11.00 am
Tuesday	Closed
Wednesday	1.15 to 4.15 pm
Thursday	Closed
Friday	8.00 to 11.00 am

Online orders are now available via the School Locker app or website which is www.theschoollocker.com.au or you can email your orders to bethany.christians@theschoollocker.com.au

If you have any questions about the online process please feel free to speak to one of the friendly staff in the Uniform Shop.

AUTUMN FAIR



Open Autumn fair Flyer.pdf (159.46 KB)

CORONAVIRUS

The SA Department of Education has updated its advice with regards to the Novel Coronavirus. Please see below:

- Children or staff who travelled to mainland China must isolate themselves in their home for 14 days after leaving mainland China if they left mainland China on or after 1 February 2020.
- Children or staff who have been in close contact with a confirmed case must isolate themselves in their homes for 14 days after last contact.
- Children or staff who have returned from Hubei Province, China must isolate themselves in their home for 14 days after leaving Hubei Province.
- Staff and students in these circumstances must not attend schools, preschools or early childhood centres and should not engage with other students.

If you require more information, the Australian Government has updated the fact sheets regarding Novel Coronavirus. Please click on this link to access those fact sheets
- <https://education.govcms.gov.au/novel-coronavirus-2019-ncov>

NUT AWARENESS

Please remember that Bethany Christian School is a Nut Aware school. We would like to remind parents not to pack nut products in lunch boxes including Nutella and satay sauces. Please check the labels on food products. Products with traces of nuts are OK. If in doubt please talk to your child's teacher. Alternatives to nuts are: fruit, dried fruit, vegemite, jam, popcorn, muesli bars, yogurt, rice crackers, pretzels and savoury biscuits.

SCHOOL BANKING

Bethany Christian School is excited to offer the Commonwealth Bank School Banking program to all students.

School Banking is a fun, interactive and engaging way for young Australians to learn about money and develop good savings habits. Children who deposit money into their Youthsaver account through School Banking earn Dollarmites tokens, which they can save up and redeem for exciting rewards.

The rewards available during 2020 are:

- Terry Denton's Activity Book
- Mini Soccer Ball (size 2)
- Treetop Stationary Set
- Treetop Handball
- Tomato Seed Kit
- Magic Mist Drink Bottle
- Emoji Wallet
- Snakes & Ladders Game



School Banking is also a great fundraiser for our school. Our school receives a Regular Savers Contribution of \$5 for every 10 deposits processed per student as well as an Annual Contribution which is based on the number of students who made at least one School Banking deposit in the prior year.

Getting involved in School Banking is easy!

All you need to get involved in the School Banking program is a Commonwealth Bank Youthsaver account. You can open an account for your child in one of two ways:

1. Online

Visit commbank.com.au/schoolbanking and click on the link to open a Youthsaver account.

2. In branch

Visit a Commonwealth Bank branch with identification for yourself and your child, like a driver's licence and birth certificate.

If your child has an existing Commonwealth Bank Youthsaver account they can start banking straight away. They just need to bring their deposit in every week on School Banking day using their Dollarmites deposit wallet.

School Banking day is **Tuesday**. Each week you need to bring in your deposit wallet to the front office or hand it into child's teacher.

If you would like to know more about School Banking, please ask for a 2020 School Banking program information pack from the school office or visit www.commbank.com.au/schoolbanking

SCHOOL TIMES

School commences at 8.40 am and students are expected to line up at the front of their classroom doors if the teacher has not opened the classroom. School dismissal time is 3.10 pm. Recess is at 10.30 am and lunch 1 pm with eating time starting 12.50 pm. Play time is between 1 pm to 1.35 pm.

The school office is open at 8.00 am each morning and closes at 4.00 pm each afternoon.

Children who are not collected by 3.30 pm can wait in the front office until picked up by a parent. However, if this happens on a regular basis, children will be taken to Camp Australia at the parents expense.

MEET THE TEACHER NIGHT

A parent information session will be held on:

Wednesday February 12th 2020

6:00 pm Classrooms will be open for a half hour session with your child's class teacher.

6:45 pm All parents meet in the Performing Arts Centre for school information.

7.30 pm Classrooms will be open for a half hour session with your child's class teacher.

Please choose whether you attend the 6:00 pm or 7.30 pm session. If you have 2 children you will be able to attend both sessions in the different classes.

(The classroom teacher will run the same session at 6:00 and 7.30 pm. Please only attend one session).

ADULT ENGLISH CLASS

This year the free Adult English classes will continue for those who are interested in improving and developing confidence in conversational English. Classes will commence later this term and this year be run by Juliet Schultz.

KENYABELIEVE IT

My name is Anette and I work in Administration here at Bethany. Last year my husband and I had the privilege of travelling to Kenya to see our friends get married in a traditional Kenyan wedding. After travelling through Kenya, our eyes were opened to the severe poverty that a large number of these people live in. I felt so strongly about the injustice of the situation these people were in that I couldn't see it, leave, and do nothing about it. My husband and I decided that we wanted to do something practical to help these beautiful people. After conversing with our friend on what would be the best way to start helping, we developed a plan to build toilets and a septic system on their property. Access to a working western toilet in this village is non-existent. As such, the facilities built on this property would be available for the whole village to use. We then began to think of a way to raise the money to start this project. We decided that we are going to do a can and bottle drive!

If you would like to help us in achieving our goal we will be collecting bottles and cans at Bethany this term. There will be a grey bin outside the administration area near the JP playground exit. If you have cans and bottles that you aren't going to recycle, please bring them to school and place them in this bin! All of the money raised will go directly to building the first western toilet in small village in Homer Bay County, Kenya!



COMMUNITY NEWS

CIRCLE OF SECURITY



CIRCLE OF SECURITY PARENTING



- LEARN TO READ YOUR CHILD'S EMOTIONAL NEEDS
- TEACH THEM TO MANAGE THEIR EMOTIONS
- BUILD A MORE SECURE RELATIONSHIP

**FREE 8 WEEK PROGRAM
TUESDAYS 9-11AM
BETHANY CHRISTIAN SCHOOL**

Contact Elise Ottens for further info on
8283 0000 or eottens@bethany.sa.edu.au

[Open COSP Flyer_.pdf \(164.51 KB\)](#)

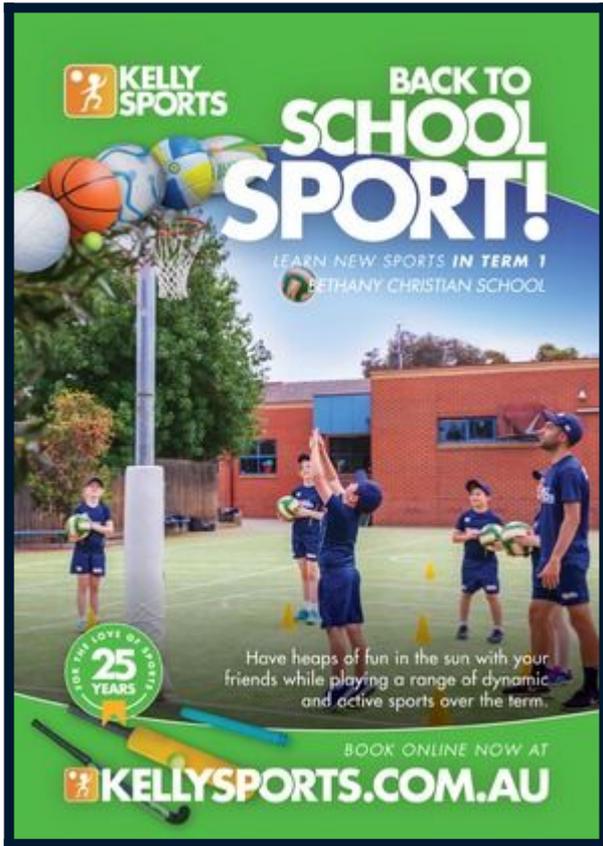
ARE YOU LOOKING FOR A TUTOR?



**LAUREN
DEPARES**
Maths, Science and English Tutor
Phone: 0820 240 800
Email: lauren.depares@gmail.com

[Open Business Card.pdf \(646.30 KB\)](#)

KELLY SPORT



Open Bethany Christian School.pdf (2.22 MB)

CAMP AUSTRALIA



Life Skills
Creative Time
New Experiences
Construction & Manipulative Play
Outdoor Play Time
Homework & Quiet Time

To book, visit:
www.campaustralia.com.au
or call 1300 105 343

Welcome to the new school year!

A very warm welcome to everyone, and a special welcome to families new to the school and our program.

At Camp Australia, we provide an engaging and supportive **outside of school hour's space** for children to play, connect, learn and grow. We work together with your school community to deliver a tailored program that is designed to bring out the very best in each individual child. Creating a unique place where children can practice real-life skills in a fun, exciting environment that challenges them to succeed. In our sessions, children will be provided with a healthy snack while given time to relax, socialise with friends and learn some life skills along the way. Come to the OSHC room to meet the friendly team and discover how we can help your family.



It's **FREE** to Register.

To attend our program, you must register your child. You can register an account with us at pp.campaustralia.com.au/account/login. Once registered, it's easy to make bookings and manage your booking options online via our parent portal. If eligible, to help you with the cost of child care, you may be entitled to receive the Australian Government Child Care Subsidy. Visit my.gov.au to find out more.

Program Details

For more information on our service and fees, visit our website www.campaustralia.com.au. If you prefer to speak to us, you can contact our Customer Care Team, available to support families 24 hours a day, 7 days a week - except for National Public Holidays. Alternatively, you're welcome to visit us in service and chat with our qualified Educators about the Camp Australia program at your child's school.

We look forward to seeing you and your family soon!
From the Team at Camp Australia

Safety • Meaningful • Innovative • Leadership • Education
we make kids smile

SPORTS NEWS

WEEKLY SPORTS RESULTS

MATCHES WEEK ENDING: 01/02/2020

Sport	Team	Opposition	Coaches Pick	Score
Basketball	U8 Blazers	GGLPS Giants	Tobiasz T Isaleli T-F	14 . 10
	U10 Bucks	Heccies U10B Yellow	Lucas H Elijah R	14 . 14
	U10 Raptors	AFCBC Dynamite	Joash S Elijah Y	16 . 17
	U12 Rockets	Tyndale Hurricanes	Jaiden K Ethan G	49 . 31
Netball	U8 Bright Stars	No Game		

FITNESS CLUB



WEEKLY SPORTS FITNESS CLUB
TUESDAYS | 8.00AM
YR 3 - 6 | FREE PROGRAM

BCS offers a Weekly Fitness Club. This program is free and staffed by a teacher.

- Open to students from Year 3 - 6
- Sessions are on Tuesday Mornings in the School's Function Room
- 8am to 8.30am
- Fitness Club runs every week of the school year except Week 1, Term 1
 - Semester One | Term One and Two
 - Semester Two | Term Three and Four
 - Students may start at any time
- Once enrolled sessions are compulsory
- Please contact the Front Office to notify the Sports Department of any absences
- Sessions will never be cancelled due to the weather as it is indoors
- Students are to wear their PE uniform to sessions, but they will need to change into their regular school uniform should it not be a PE lesson day
- All communication will be via email or text message

If you would like to enrol your child into the program please scan the QR Code and then complete the online form.

For more information
Website | bethany.sa.edu.au/sport
Sports Department | Ph 8283 0000
Email | sport@bethany.sa.edu.au

SCAN ME



Open_Weekly_Flyer_Fitness_Club.pdf (1.25 MB)

WEEKLY TENNIS



WEEKLY SPORTS HOTSHOT TENNIS

MONDAY LUNCHTIMES RECEPTION TO YEAR 2

BCS has partnered with SA Institute of Tennis at Para Hills Tennis club to offer a Weekly Tennis Program.

There are two ways to be involved in this user pays program. Your child can either participate in an in school lunchtime program for Reception to Year 2 students or get involved in one of the programs at the Para Hills Tennis Club.

In School Program

- There are two in school Hotshots Tennis Development seasons per year:
 - Term 1 Program | Term 4 Program | 8 weeks per term
 - No equipment is required, all is supplied
 - Enrolled students can purchase a new racquet if desired

Para Hills Tennis Club Program

- SA Institute of Tennis @ Para Hills Tennis Club also holds Hotshots sessions, and other primary aged tennis programs all year round
- Contact John Warnock for more information | 0422 761 979



SCAN ME

If you would like to enrol your child into the Lunchtime Hotshots program @ Bethany on Mondays or need more information on the Para Hills Tennis Club Programs then please scan the QR Code and complete the online form.

For more information
Website | bethany.sa.edu.au/sport
Sports Department | Ph 8283 0000
Email | sport@bethany.sa.edu.au



Open_Weekly_Flyer_Tennis.pdf (874.08 KB)

WEEKLY INFORMATION

IMPORTANT DATES

Date	Event
Wednesday 12th February	Meet the Teacher Evening
Wednesday 12th February	Reception Rest Day
Wednesday 19th February	Reception Rest Day
Monday 24th to Friday 28th February	Year 6 Swimming Lessons
Wednesday 26th February	Reception Rest Day
Wednesday 26th to Friday 28th February	Year 5 Camp
Monday 2nd March	School Tour
Wednesday 4th March	Reception Rest Day
Thursday 5th March	Senior Athletics Day
Friday 6th March	Junior Athletics Day

2020 Term Dates

Term 1

Monday 3rd February to Thursday 9th April

Term 3

Tuesday 21st July to 25th September

Term 2

Tuesday 28th April to 3rd July

Term 4

Monday 12th October to Wednesday 9th December

UNIFORM SHOP TIMES

Monday	8.00 to 11.00 am
Tuesday	Closed
Wednesday	1.15 to 4.15 pm
Thursday	Closed
Friday	8.00 to 11.00 am

WEEKLY PE LESSONS

CHAPEL TIMES

Primary Chapel (Years 3 - 6)

10.50 to 11.30 am on Wednesdays

Junior Primary Chapel (Reception - Year 2)

12.10 to 12.50 pm on Wednesdays

MONDAY MORNING PRAISE

Whole school worship

10 - 10.30 am Monday mornings

BETHANY CHRISTIAN SCHOOL

**PO Box 2125
Salisbury Downs SA 5108
37 Countess St
Paralowie, SA, 5108**

P. 08 8283 0000
F. 08 8283 0101
E. office@bethany.sa.edu.au

Class	Days
ELC	Monday to Friday
RD	Tuesday and Friday
RH	Wednesday and Friday
RHW	Tuesday and Wednesday
1C	Wednesday and Friday
1D	Tuesday and Friday
1P	Tuesday and Wednesday
2HS	Monday and Thursday
2R	Monday and Thursday
2Z	Tuesday and Thursday
3L	Monday and Thursday
3K	Monday and Thursday
3T	Monday and Thursday
4G	Monday and Friday
4P	Monday and Friday
4W	Monday and Friday
5R	Tuesday and Friday
5S	Tuesday and Friday
5T	Tuesday and Friday
6S	Monday and Wednesday
6T	Monday and Wednesday
6W	Monday and Wednesday



BETHANY CHRISTIAN SCHOOL		MEAL DEAL #1 = \$6.50		MEAL DEAL #2 = \$5.50	
CANTEEN MENU - TERM 1 2020		ANY pie, pasty, or pizza (large sausage roll - Temple only)		A small sausage roll (Bethany only)	
		PLUS 1 any drink (except Temple only milks) PLUS 1 snack (\$0.70)		PLUS 1 water or moo milk PLUS 1 snack item (\$0.70)	
SANDWICHES & WRAPS		HOT FOOD		DAILY SPECIALS	
2 easy steps:				MONDAY	
1. Choose your bread		Pies - beef or beef cruiser \$4.00		NOODLES Beef or Chicken \$2.50	
White, wholemeal or gluten free (buttered) V \$1.00		Vegetable Pasties V \$4.00		TUESDAY	
Wrap (wholegrain) V \$1.20		Chilli Beef Roll \$4.00		HOT DOGS Plain \$3.50	
Toasted (add extra) \$0.50		Large Sausage Roll (TEMPLE ONLY) \$4.00		Add sauce \$0.30	
2. Choose your toppings		Small Sausage Roll (BETHANY ONLY) \$3.50		Add cheese \$0.70	
(all item prices are per item)		Pizza - Hawaiian, margherita V, chicken or meatlovers \$4.00		WEDNESDAY	
Ham - GF \$1.00		Fried Rice V \$4.00		NACHOS Corn chips, salsa & cheese \$4.50	
Chicken or tuna \$2.00		DRINKS		Add sour cream \$5.00	
Carrot, cheese, cucumber, gherkins, lettuce or tomato V \$0.60		Water 600ml \$2.00		THURSDAY	
Strawberry jam or vegemite \$0.60		Moo-Milk 200ml - chocolate, Strawberry \$2.00		WEDGES Potato wedges \$4.50	
Bbq, sweet chili tomato, mustard, mayo or aioli \$0.20		Up & Go 250ml - chocolate, strawberry or banana \$2.50		Add sweet chili & sour cream \$5.00	
SALADS		Glee 250ml - berry, b/currant, grape or tropical \$2.50		FRIDAY	
Fruit Salad (seasonal) V GF \$4.50		Juice box 250ml - apple, b/crnt, Orange or tropical \$2.50		PASTA Lasagne, spaghetti bol or mac & cheese V \$4.50	
Garden - carrot, cucumber, lettuce & tomato V GF \$3.50		Iced Tea 250ml - b/crnt, lemon, peach or raspberry \$2.50		(Gluten free mac & cheese available VGF)	
Add ham \$4.50		FROZEN FOODS		SNACKS	
Add chicken or tuna \$5.50		Juices - berry, tropical or lemonade \$1.50		Pretzels, Popcorn or Jelly (must be ordered) \$0.50	
		Frosty Fruit, Lemonade Icy Pole or Lifesaver \$2.00		Assorted snacks \$0.70	
		Billabong - chocolate or rainbow \$2.50		Yoghurt Tubz - low fat \$1.50	
		Frozen Yoghurt - straw, mango, watermelon, choc \$3.00		Red Rock Deli Chips \$1.30	
				Banana Bread \$3.00	

Open Canteen Menu Term 4 2019.pdf (610.02 KB)

Bethany Christian School Timetable of Events - Term 1, 2020						
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Week 1	3 rd February MMP 10am	4 th February	5 th February Reception Rest Day	6 th February	7 th February	
Week 2	10 th February MMP 10am	11 th February	12 th February Meet The Teacher Evening Reception Rest Day	13 th February	14 th February	
Week 3	17 th February MMP 10am	18 th February	19 th February Reception Rest Day	20 th February	21 st February	
Week 4	24 th February MMP 10am Yr 6 Swimming Lessons	25 th February Yr 6 Swimming Lessons	26 th February Reception Rest Day Year 5 Camp Yr 6 Swimming Lessons	27 th February Year 5 Camp Yr 6 Swimming Lessons	28 th February Year 5 Camp Yr 6 Swimming Lessons	
Week 5	2 nd March MMP 10am School Tour 9.30am	3 rd March Reception Reading Workshop 3.30pm	4 th March Reception Rest Day	5 th March Senior Athletics Day	6 th March Junior Athletics Day	
Week 6	9 th March Adelaide Cup Day	10 th March	11 th March	12 th March Back Up Day for Senior Athletics Day	13 th March Back Up Day for Junior Athletics Day	
Week 7	16 th March MMP 10am	17 th March	18 th March	19 th March SACSA 5/6 Table Tennis	20 th March	21 st March Autumn Fair 10am - 2pm
Week 8	23 rd March MMP 10am	24 th March	25 th March	26 th March	27 th March BCS Cross Country	
Week 9	30 th March MMP 10am Rec & Yr 1 Swimming Lessons	31 st March Rec & Yr 1 Swimming Lessons	1 st April Rec & Yr 1 Swimming Lessons	2 nd April Parent Teacher Interviews Rec & Yr 1 Swimming Lessons	3 rd April PARA District Athletics Rec & Yr 1 Swimming Lessons	
Week 10	6 th April MMP 10am	7 th April Back Up Day for BCS Cross Country Parent Teacher Interviews	8 th April	9 th April Early Dismissal 12.10 pm	10 th April Good Friday	

Open Timetable of Events - Term 1 2020.pdf (503.20 KB)

Newsletter published: not yet